ARY 26 — FEB. 1, 1980

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EVE'S WEEKLY

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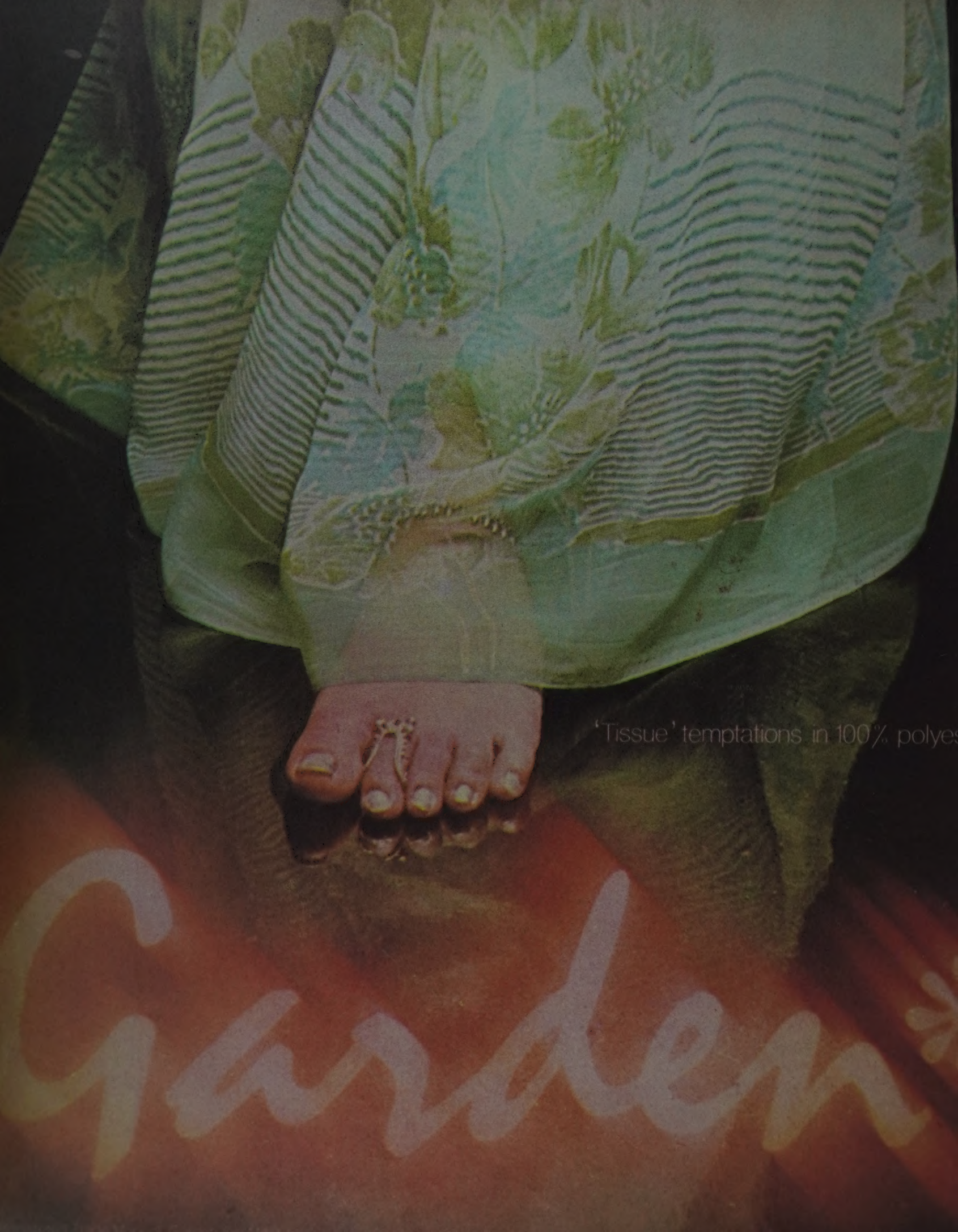
PUDDING

THE MONTHLY QUIZ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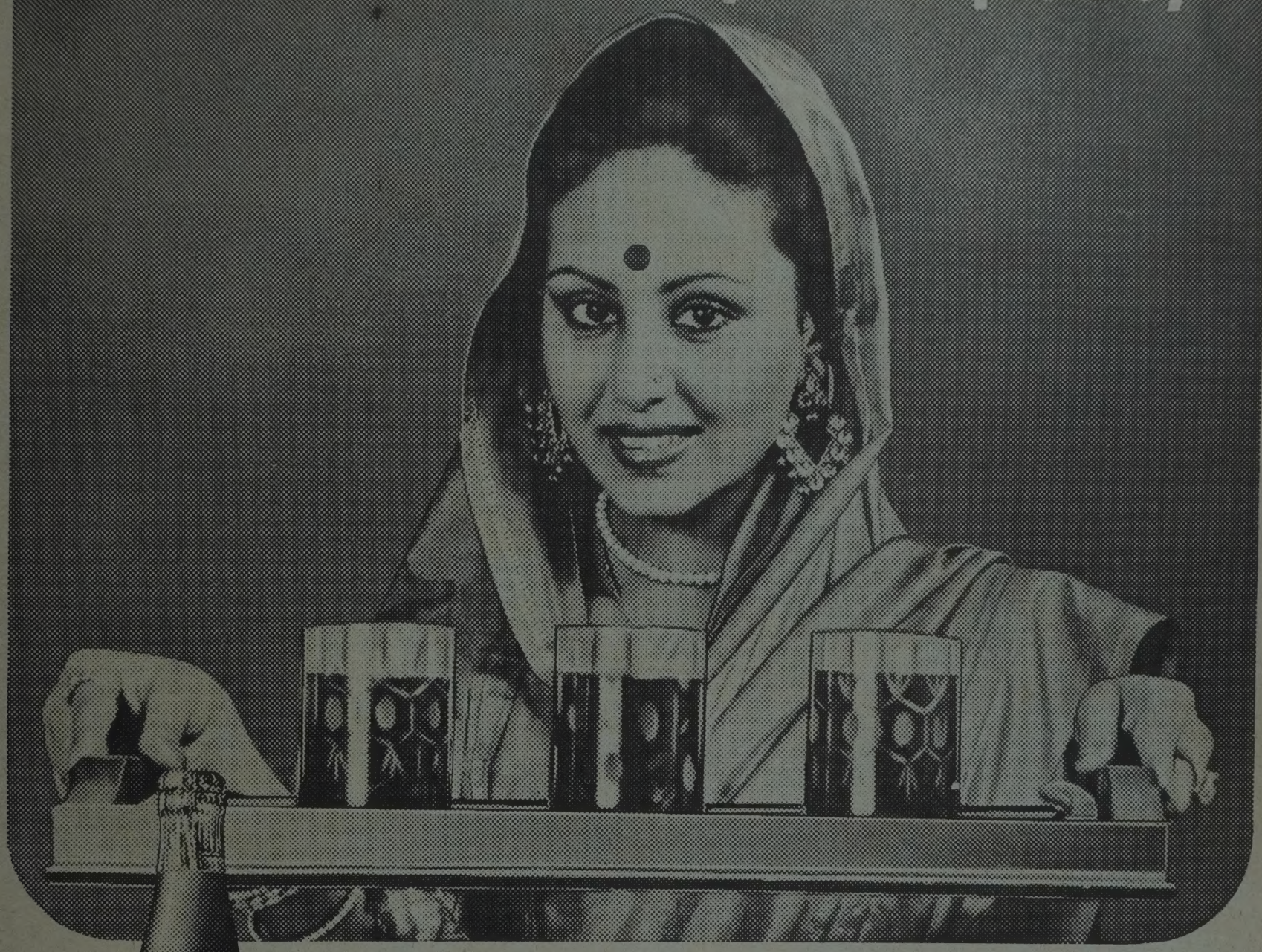

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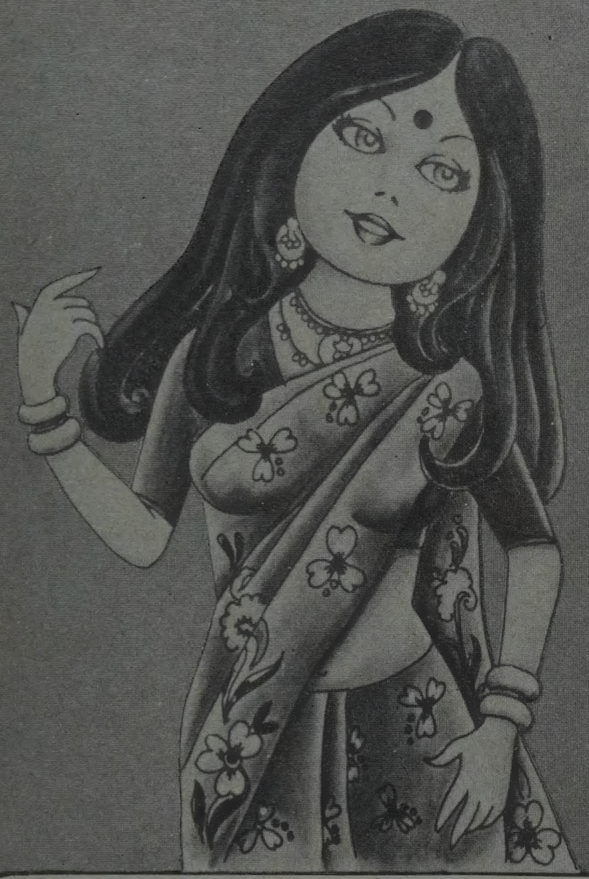

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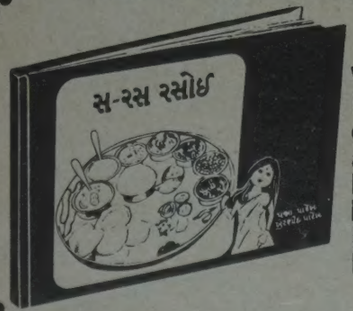

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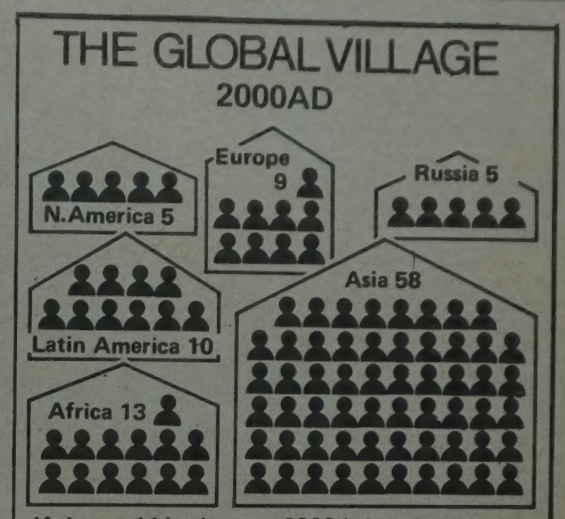
THIS WEEK

TWO BILLION NEW ARRIVALS

By the year 2000 we can expect the world's population to increase by 50 per cent. While the focus hitherto has been on population per se, the real problem is whether the planet's finite resources and the way in which they are used can provide a decent and dignified life for all its people.
Page 11.



If the world in the year 2000 is imagined as a global village of 100 people, then 58 of these people will be Asian, 13 will be African, 10 Latin American, 9 European, 5 North American and 5 Russian.

WOMEN WHO FOUGHT FOR OUR FREEDOM

Remembering women who courted martyrdom in pursuit of independence for the country, on the occasion of the thirtieth anniversary of India's Republic Day.
Page 16.

A CITIZEN'S MANIFESTO

After the excitement of the elections comes the time when voters sit back, satisfied at having done their duty one more time. But responsibility does not end there. Those elected into power have a duty to perform and it is up to citizens to see that they do so. One such citizen lists what she feels are important issues the new government should take up.
Page 12.

ALSO

Step by Step Cookery: A delicious sandwich pudding — **Page 19** Film Interview: Jeetendra — **Page 23** Creative Photography: II — **Page 25** Artist of the Month: Komala Varadan — **Page 29** Woman in Focus: A. Valli — **Page 43.**

REGULAR FEATURES

Your Page/**7**, Readers' Voice/**9**, Beauty/**21**, Comics/**22**, Fashion/**26**, Cookery/**31**, Short Story/**35**, Young Viewpoint/**41**, Women in Sport/**44**, Frankly Speaking/**47**, People & Events/**48**, Horoscope/**50**.

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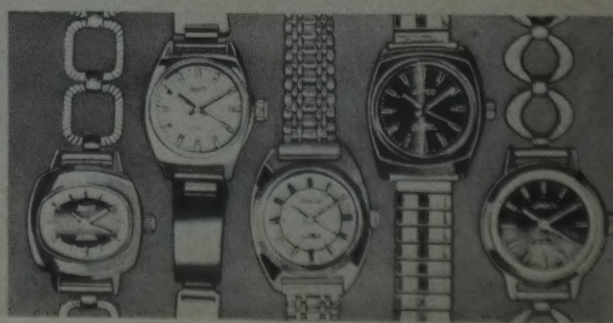

YOUR PAGE

Do you have something to say?
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1st PRIZE

BEWARE THE HYDES...

Severe ragging in a Regional Engineering College in Kerala has caused the death of a fresher, who committed suicide. Off and on there have been reports of unpleasant incidents in connection with ragging, because of which some colleges have even banned it. The basic idea behind ragging, which is of Western origin, is to break the ice between the freshers and the senior students and establish smooth rapport. This practice has, however, degenerated into one, where the senior students treat the new entrants in a sadistic, untrammelled way, with dangerous results at times. The freshers are most vulnerable in their youth and in the new environment. Another reprehensible practice which has surfaced of late, is Eve-teasing, which has developed from harmless ogling and drooling at the mouth at the sight of pretty girls to actual persecution on the roads, in buses — in short, everywhere. This has assumed such alarming proportions in some major cities that the Police force has thought fit to post decoys to book these unsocial elements. The permissive society of today has spawned youth, who are both Jekylls and Hydes. At home they are the well-behaved, dutiful sons who treat their womenfolk with respect. Once outside, they are on the rampage. These Jekylls and Hydes, however, prefer innocent, unspoilt working girls as their brides!

All these point to lack of character and discipline in our youth who, with their know-all attitude, pay scant attention to advice and remonstrations from elders. Don't they realise that sterling character can never be out-moded and the man in possession of it is worth his weight in gold?

MISS E. DHAMAYANTHY DEVASUNDARAM, Madras

No, they don't realise this. Today, youth has become wayward, uncaring, aggressives, rebellious. What is the reason? Can we, the older generation, do some introspection and then say we are entirely blameless?

2nd PRIZE

LORD, I'VE FAILED THEE...

A Tamil movie, which I recently saw, tells the miserable tale of a submissive wife, a second Sita. It left me thinking. Is the Indian wife meek and submissive by choice, or because of pressure? Certainly, and most obviously, it is due to the latter.

In a particular scene the bossy husband tells his wife that he has decided on a second marriage and that, too, with his sister-in-law. She is supposed to go ahead with further arrangements! The shocked wife replies, "If I decide that I want another husband, what would you say?" I was stunned, thrilled and was anticipating the next move, only to realise that the director had cleverly projected only her thought. Her weeping reply, poles apart from her thought, went thus: "Please tell me how I have failed you, and I'll be a better wife".

Indian womanhood has been trained to submit meekly, even to the atrocities of husbands. That is bad enough. But projecting the self-same image on screen is worse. At least we should have the satisfaction of seeing the modern woman, exercising her right to freedom of thought and speech (so long as it is in the best interests of her family) if not in real life, then at least on the screen!

MRS. MOHINI RAMALINGAM, Pollachi

That a wife should retort to her husband in such a fashion only in a "dream sequence" is a pointer to society's thinking and its dictates. What the screen projects is a reflection of what is prevailing in society today. Of course, there are wives today who would lash out at their infidel husbands and storm out of the house — but how many of these do we have?

3rd PRIZE

I Y C — AND AFTER

It is disheartening to see a noble year like the International Year of the Child turned into a publicity gimmick by the commercial houses. Advertisements announcing the launching of new products exclusively for the child and more lofty ones proclaiming 'love' or dedication for the child became common. . . "In this year of the child we have a new shoe for them" or. . . "We have new books for them", etc. What good can a new shoe or new books be in a country like India where majority of the parents are unable to afford such "luxuries" for their children?

Other corporate bodies and firms continued to remind us that "this is the year of the child and children are our national asset". The money spent on those hoardings and advertisements every month could have easily been used for the welfare (education, clothing and food) of ten or more children. It is time we raised our voices against business organisations cashing in on noble causes to serve their vested interests.

If these commercial establishments really "love" the children as many of them profess, then let them prove it in the coming year, even though officially I.Y.C. has come to a close on 31st December 1979. There is much to be done — schools could be built in many rural areas, large numbers of children could be sponsored through Educational Institutions and Sponsoring Agencies; the laying out and maintenance of Children's Parks where they could play, away from the danger of city traffic, subsidizing test books and other children's books. . .

Of course, the list is endless but this could be the beginning.

RAJ SEKHAR, Calcutta

When there is a convenient bandwagon, everyone wants to get on it. We can imagine a lot of hypocritical and unscrupulous persons took advantage of the IYC for their own enhancement; but there were others — individuals and institutions — who were sincere towards the cause.

IT'S A HOLIDAY!

The schools in and around Madras have a very peculiar way of paying tribute to departed national or international leaders. Recently when the deaths of Lord Mountbatten and Sri Jayaprakash Narayan were announced over All India Radio around 8 a.m., the first thing the Management and Staff did was to leave a message "No school today" with the illiterate watchman, and stay away from the School. Would it be not expected from these so-called educationists' that they start the school as usual, observe two minutes' silence in the assembly, speak a few words of condolence about the departed soul and disperse silenty? The abrupt closure of schools on such occasions will not only deprive the students of their knowing about the great leaders of the past, but also create the idea in their minds that such sudden deaths will fetch them an unscheduled holiday. Will the educated and the educators change this practice in the future at least?

K. ANUSHA DASS, Madras

Children need not be reminded about great leaders only when the latter die! Such knowledge should be a part of a child's continuing education. As for closure of schools — first of all, it would be a good idea to do away with these "death holidays" (this goes for offices, too). But, if a holiday must be declared, there is no point calling the children in (some maybe commuting from long distances) for a couple of hours, just to hear a stupid, hypocritical lecture on the departed leader.

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READERS' VOICE

Most articles raise a question, a comment or at least a criticism. Write them down and mail them to us!

MECHANICS UNDER FIRE

Your articles by Dilip Bam, "Understanding Mechanics", starting with Fridges (January 13, '79) and ending with "Understanding your car" (August 11) are misleading. I was surprised to see the next article "Know your two wheelers" (November 17). Being a qualified mechanic, I regret to say that Dilip Bam seems to be a "Jack of all trades and master of none" It appears that the writer has no knowledge about the subject but has picked up information either from instruction books or from some mechanics.

IVOR FERNANDEZ, Ootacamund.

HUMAN INTEREST STORY

This is with reference to the human interest story, "Fate Clipped His Wings" (December 8). The Plight of Flt. Lt. P. V. R. Murthy was indeed a hard blow. Wouldn't this sort of example discourage our future brave men?

MANJU SALUJA, New Delhi.

THE LITTLE LADY

Thank you for your special supplement on Mother Teresa. In this world of glamour and glitter it is nice to know that there is a little lady who has taught herself and her missionaries to accept the worst sufferers in society — lepers, spastics, beggars, orphans etc.

Thank you for reminding us that there are better ways to spend our intellect, money, energy and leisure.

MRS. SWAPNA ROY, Calcutta.

THE NOBEL PRIZE AND MOTHER TERESA

I enjoyed reading the articles on Mother Teresa. I have great respect for her. However, a question may be raised in this context. Would it not have been more justified ot give her a Prize for Humanitarian Work rather than for Peace? What I understand by peace is freedom from the ravages of war. In what way has Mother Teresa contributed to banishing war?

The Nobel Prize for literature awarded to Winston Churchill was another faulty honour. He should have been given a prize for Political Oratory rather than for literature.

SOMA DHUA, Calcutta.

DOWN WITH DOWRY

The article "I will, I will, for a good dowry" (November 24) by Ritu Khanna, clearly reflects the ideas of today's society, which is neither here nor there. The writer rightly points out that people who shout from the roof-tops for the eradication of the dowry system, are the first ones to offer one when it comes to their own case. The younger generation should make it a point to insist that there should be no give and take of dowry and be bold enough to make it practical. I think articles of this kind will be eye-openers for money-crazy, dowry-demanding (and giving) people.

S. V. JAYANTHI, Secunderabad.

THE SUICIDE

The story entitled "The Suicide" (November 24) is perhaps from real life. The narration is smooth and the style is simple. The story is profoundly tragic. I am reminded of the tragedy of Tess in the famous novel by Hardy. Unlike Clare, Suresh ends his life. What has happened to Meenakshi?

N. L. NARASIMHA RAO, Kakinada.

NEXT WEEK

ISSUE OF FEBRUARY 2, 1980

INDIA'S PRIMA DONNAS

Classical dancers proliferate all over India, and it is difficult to sift through the reams of usually positive reviews to determine which of them are really talented and which merely trained. A well-known dance critic provides a guide to our prima donnas of yesterday, today and tomorrow.

STOP BEFORE YOU POP THAT PILL

One doesn't think twice about taking this analgesic, that antacid, or that antihistamine tablet, but self-medication could lead to sorrow, especially if you don't know anything about the pill you are taking. A guide to common drugs.

A MID-DECADE CONFERENCE

A report on the recent conference in Delhi to mark the passing of five years of the Women's Decade.

TWO WIVES UNDER ONE ROOF

The first hand experience of a second wife.

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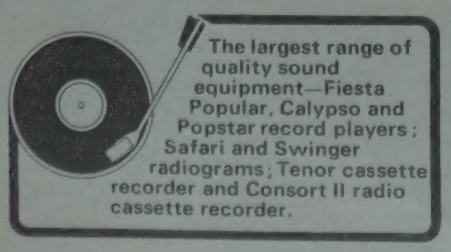

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TWO BILLION NEW ARRIVALS

The 1979 State of World Population Report points out that world population will increase by almost 50 per cent by the year 2000.

At first sight an increase of two billion in the world's population seems to spell nothing but trouble. Ninety percent of the "new arrivals" will be born in the developing world where 200 million are already severely malnourished, where the majority already lack safe water and adequate health care, where half of the over-fifteens are illiterate, and where up to a third of the labour force cannot earn a decent living for themselves and their families. On top of all this half as many people again in twenty years can only make things worse.

This way of looking at the problem is not only pessimistic, it is also wrong-headed. Let's start again.

Population is not the problem. The problem is whether the planet's finite resources and the way in which they are used can provide a decent and dignified life for all its people. And that is a very different question. As the economist Barbara Ward has said, "The problem is not one of absolute physical shortage but of social and economic maldistribution and misuse."

Take food. Are 200 million people hungry because the world cannot grow enough food to feed all its people? No.

According to the UN Food and Agriculture Organisation in Rome, the world grows twice as much food every year, in grains alone, as is necessary to provide enough food for every man, woman and child on the earth. And up to four times as much food could be grown using presently available land and presently available technology.

It can be better explained by looking at how available land and technology is used, by whom, to grow what crops, and for whose benefit. In Central America and the Caribbean for example, more than half of the children are malnourished, yet more than half of the agricultural land is being used to grow fruit and other crops for export to the developed countries. Even during the great drought of 1974, the production of export crops like peanuts in Mali actually went up, according to World Bank figures, whilst tens of thousand of people starved. In Columbia, where malnutrition is also common, fertile land is used to grow eighteen million dollars worth of cut-flowers a year for the industrialised world.

The fact of the matter is that only the poor starve. And they starve only because they are poor — because they cannot afford to buy the food that is grown, or the much greater quantities of food that could be grown, or the land and the means to grow food for themselves. In short, economic demand is put before human demand, and poverty, not population growth, is at the root of food shortages.

Or take health. Do one billion people lack health care because there are too many people and not enough doctors and hospitals? Again, the answer has to be "no." According to the World Health Organisation, 80 per cent of illness, caused by infectious disease could be prevented if every family had access to safe water supplies. To achieve that would cost about three to four billion dollars a year for ten years (World Bank figures). It is a lot of money — about 4 per cent of what the industrialised world spends on alcoholic drinks every year.

Even within the resources of the developing world itself, it cannot be seriously argued that it is population growth which has swamped efforts to raise health standards. The World Health Organisation estimates that 80 per cent of the health budgets in the developing world as a whole are now being spent on providing curative medicine serving only 20 per cent of the people. A recent survey in five Latin American countries, for example, has shown that expenditure on medical care and cure is ten times greater than on water and sanitation systems. And this despite the fact that more than three-quarters of all cases of ill health can be traced to the "big three" causes — inadequate nutrition, lack of safe water, and unhygienic living conditions.

The task of improving the health of the majority of the world's people, as World Health Organisation Director-General Halfdan Mahler has repeatedly pointed out, is primarily a task of low-cost prevention for the many rather than high-cost cure for the few. Barbara Ward's accusation that the problem is primarily one of "maldistribution and misuse" is therefore, also closer to the heart of the health problem than rapid population growth.

At the global level also the question of whether the world's resources can provide an adequate life for the world's people, which is the real crux of the population issue, must take into account the present use and distribution of those resources. It must take into account, for example, that the poorest 70 per cent of the world's people have less than 10 per cent of the world's wealth; that a child born in the developed world will consume between twenty to forty times as much of the world's resources as a child born in the developing world; that the Third World as a whole receives only thirty billion dollars a year for its major exports which then sell, in finished form, for more than two hundred billion dollars a year in the importing countries.

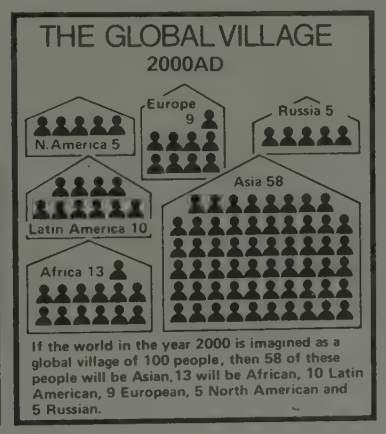
These facts seal the link between rapid population growth and the Third World's search for a New Economic Order in which future opportunities for the creation of wealth and jobs and income would be more equitably distributed. Add to that the now widely accepted fact that the raising of living standards is the key element in the lowering of birth-rates, and the case for placing the major emphasis on reducing the numbers of the poor becomes watertight. For in the last analysis, the question of whether the world's wealth can provide a decent and dignified life for all the world's people is, by definition, as much a question of wealth control as of birth control and as much a question of the consumption explosion in the industrialised world as of the population explosion in the developing world.

Peter Adamson

Courtesy : News feature, United Nations Fund for Population Activities.

Population and Progress

Population trends are sure to become more central to future development strategies - 1979 'State of World Population' report from the UN Fund for Population Activities.


THE GLOBAL VILLAGE
2000AD
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Russia 5
N. America 5
Asia 58
Latin America 10
Africa 13
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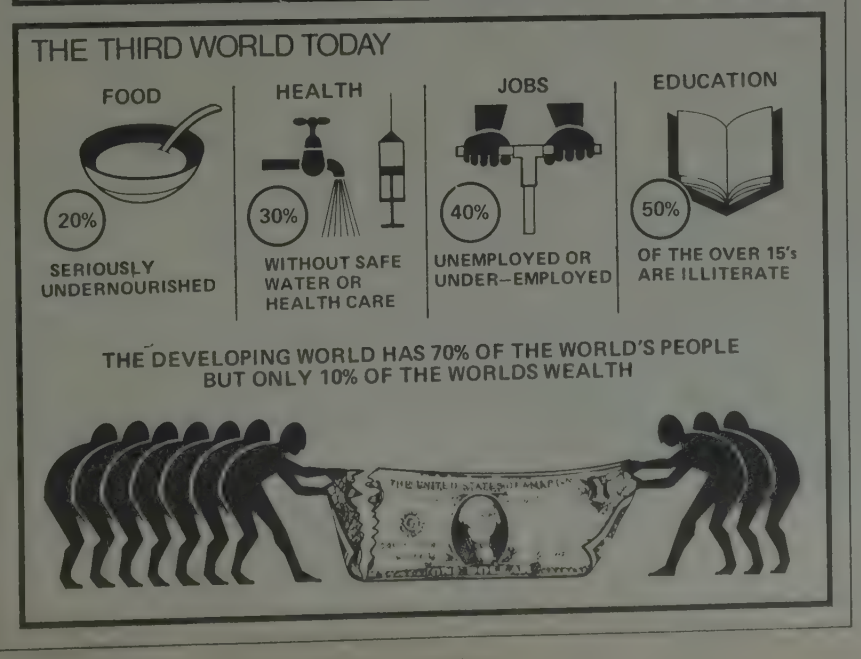

Peter Sullivan "Sunday Times" London

A CITIZEN'S MANIFESTO

The elections are over, and Mrs. Gandhi is back in the saddle. The voters will now relax and let the country continue to slide down to what it has been for the last 30 years — a handful of rich industrialists, a majority living under the poverty line and a bulk of apathetic middle class allowing itself to be manipulated by unscrupulous politicians.

It is no use calling the landslide victory of Mrs. Gandhi a "negative vote" or a "blind vote" or "choosing between the devil and the deep sea." The people have given their silent verdict in no uncertain terms. But will the government headed by Mrs. Gandhi pull up its various machinery and put things right?

The answer to this lies in forming an apolitical watchdog body of committed people. What we need today are not fancy rabble-rousing sentiments but to develop a hard, practical bent of mind that will be clear about the objective it wants to achieve. In any great democratic country, harmful Bills have been defeated and progressive Bills passed, not by politicians, but by other agencies that have mobilised public opinion. The ratification of the ERA (Equal Rights Amendment) and the liberalisation of abortion in many states in the U.S.A. were made possible only because women's organisations fought relentlessly through the media to achieve their objectives.

On the other hand, we in India assume that once we have elected a politician to Parliament, he or she is free to make the final decision for us, the electorate. This is not true. The politician is not always altruistic in his motives. Let's face it, holding on to his seat of power is more important to a politician than following his conscience. Therefore the need for a powerful body of conscience-raisers in India. Mrs. Gandhi has, in the past, taken bold and unpopular steps in what I feel are the larger interests of the country, like the breaking away from the old Congress fold, the nationalisation of banks and the abolition of privy purses. Will she now continue in this vein and right several wrongs? For starters, she could begin with the following:

1) The Prime Minister and his/her colleagues should openly take an oath that whether they are Hindus, Christians, Muslims, Parsis, Jains, Sikhs or Buddhists, they are Indians first. That they will work not just for the good of their particular community but for the good of all Indians. They should state clearly and boldly that their commitment is to the country first before their commitment to any religious institution, and promise to resign if proof is brought forward that they have acted contrary to their oath. I can give many reasons as to why the public has the right to demand such an oath, but I will stick to only two glaring examples for the moment. The Hindus who belong to the RSS have taken an oath to create a Hindu Rashtra, which is not possible in a secular country. The Bohra Muslims have to take an oath in front of their religious head, the Svedna, that they will obey his laws before the laws of this country. It is dangerous to allow such people with dual loyalties to come to power.

2) The new government should work towards equality for all by replacing many Personal Laws in the country and replacing them with a uniform Civil Code, applicable to all Indians. This is absolutely necessary because the ordinary man-in-the-street is either unable to fight for this, or doesn't even know his rights. I shall now give examples from the Personal Laws of the Muslims, Parsis and Christians to prove my point that in all these religions, it is the woman who is most discriminated against. When one says these laws are man made, it literally means **man** made! Furthermore, every time the government has tried to rectify these laws, the all-powerful clergy, backed by vote-catching politicians, have kicked out the proposed Bills from Parliament.

For instance, while Muslim countries like Turkey, Syria, Tunisia, Iraq and Indonesia have introduced legislation in varying degrees to protect their women, the minute this was tried in India it was "infringing on minority rights."

Over the years our politicians have become notorious for their immoral, self-seeking ways, and it is the country and the people who have paid the price for this. There is a great need for an apolitical watchdog group of committed

THE MUSLIM PERSONAL LAW

Let us take divorce as an example. A Muslim man, says the law, may exercise the right to divorce his wife "whenever he desires without assigning any cause," by simply repeating **talaq, talaq, talaq** three times. The Muslim woman, on the other hand, can only do so on certain grounds. One woman who filed for divorce against her husband on the ground that his second marriage amounted to cruelty, was summarily told by the court that so long as he treated both wives "equally," she had no cause for complaint.

A dower (mahr) is the sum of money fixed upon a woman at the time of her betrothal. Amongst the Bohras, it is usually as low as Rs. 40 and amongst certain families in U.P., Hyderabad and the Deccan, as high as rupees one lakh. There is no alimony in the Muslim Personal Law and the mahr is the only economic security a woman has if she is divorced. Even this is lost if the woman refused to "obey the reasonable commands of her husband." If the woman's marriage is not consummated because of impotency in the husband, she is only entitled to half the **mahr.** And if the sum to be paid is not fixed at the time of the betrothal, the husband can get away by making his wife a "gift of three articles of clothing." A Muslim woman can only remarry within her community, but a Muslim man may marry a Jewess or a Christian, but not an idolatress or a fire worshipper.

THE PARSI PERSONAL LAW

Among many other things that need to be changed in the Parsi Personal Law, the most glaring is that neither spouse is allowed a divorce if the other becomes insane and is even committed to an asylum forever. The only other option is to "live in sin." The other discrimination worth mentioning is that if a Parsi male marries outside his community, his children can be brought up as Parsis. But the same privilege is not accorded to a Parsi female if she marries outside her community. There is a well known example of a Parsi woman in Bombay who married a Muslim. Left with no choice, she had to bring up her child as a Muslim. A few years later, the Muslim divorced her. She has sole custody of the child, and she is obviously disinclined to bring up her child as a Muslim. So the only choice is to give a "religionless" upbringing to the child. In a similar case, when a Muslim gentleman kicked out his Hindu wife and children, she had no difficulty in bringing up the children as Hindus. It is interesting to note that while the Parsis are considered an extremely forward looking community, scattered in many Western countries, when Parsi women have married outside their community, their plea to change the law has gone unheeded. In fact, when a meeting was convened some years ago, there was so much acrimony amongst the liberals and the conservatives, that chairs were thrown at each other and the meeting ended in total disorder. Needless to say, the conservatives won!

This kind of looking inwards is always typical of a small community that is slowly dying. The need to preserve one's identity therefore becomes all-important. But the question then asked is: Why not apply the law to both Parsi men and women? This is all the more discriminatory because there are more Parsi women than men. Which means a Parsi woman (if she is not lucky enough to find a man in her own community) either has to quit her religion altogether, or die a spinster.

FOR THE NEW GOVERNMENT

citizens to ensure that the country is run for the people's benefit, says LAKSHMI NARAYAN, who goes on to list what she feels are the important and urgent reforms that the new government should act upon without delay

THE CHRISTIAN PERSONAL LAW

This is the most backward of all Personal Laws in India. A few examples:

In the case Michael Rosario versus Gail Rosario, the following instances were cited by the wife for divorce. The husband, a drunkard, took a mistress and ill-treated and beat up Gail regularly. She bore it stoically till he attacked their infant son. Terrified she fled from him and filed a divorce suit for adultery and cruelty. While she was able to prove the charge of adultery, she could not prove the second. She lost the case, because according to the Christian Marriage Act of 1872, mere adultery does not constitute cruelty, and the wife has to put up with an unfaithful husband for life. However, if the wife were to commit a single act of adultery, her husband can divorce her. Similarly, if the husband refused to have any marital relations with his wife, it is permissible under Christian Personal Law, but if the wife were to refuse to have sexual relations with her husband, it would be "a clear act of mental and moral cruelty." The repressive Christian laws go back to the theory that the fall of Adam (man) was caused by Eve (woman). Random samples from the law in India will prove my point.

a) A Christian married to an insane person cannot divorce him.

b) According to the Hindu, Muslim and Parsi Personal Laws, a woman can sue for divorce if her husband is convicted and imprisoned for seven years or more. The time before the woman can apply for a divorce varies from community to community. But a Christian woman is denied this right.

c) Again, in all the Personal Laws, if it can be proved in court that the husband has disappeared for seven years or more (it is just four years for Muslim women) and the wife does not know whether he is dead or alive, she is entitled to a divorce. But even a decade after her husband's disappearance, the Indian Christian woman is still legally married to the absent husband.

All these restrictive laws have therefore forced many Christian women to take to illicit liaisons. It is pertinent to note here that Christian nations all over the world have changed their laws to more humane ones. In India, a few years ago, a Bill was circulated in private to modernise the Christian marriage laws. It was dropped following vehement opposition from the bishops. The reason? It went against the orthodoxy of the church and it was a clear case of tampering with minority rights!

THE HINDU PERSONAL LAW

This is one of the most enlightened, and because of constant amendments, is today almost on par with the Indian Civil Code. Unfortunately, the enlightenment remains on paper. A cursory glance at some of the recent judgements will prove my point.

a) In a judgement in Tamil Nadu, the judge decreed that a woman who had been separated from her husband and had been getting a pittance to support herself and her child, should be denied the money as "she did not keep her body pure." This implies that although the husband, as earning member, can take as many mistresses as he pleases, his wife need not be paid any money to support herself if she takes a lover.

b) In a case in Delhi, the judge gave the rapist a choice: marry the girl, or face a jail term. Not unnaturally, the man chose the former form of escape. An Arya Samaj marriage ceremony was promptly performed. Everybody congratulated the wise judge, but nobody thought of asking the girl if she wanted to marry her molester. And nobody of course even thought of finding out whether the man would stay faithful to the girl after marriage.

c)) In a court in Punjab, the wife refused to accompany her husband when he got transferred to another town as it meant losing her job. The husband applied for restitution of conjugal rights, which was immediately granted. The court piously said that it was the duty of the woman to follow her husband wherever he went.

d) The Haryana government has recently passed a law that property should go only to the son and not to married daughters. I cannot understand how this law was allowed to be passed as it goes against Fundamental Rights as well as the Hindu Personal Law.

e) In the days of compulsory sterilisation during the Emergency, it was either the Punjab or the Haryana government that passed a law that a couple was exempt from family planning if they had only daughters and could go on procreating till they got a son. This law, I remember, was defended by several well-known journalists in Bombay, who said that this was necessary to protect landed zamindars who needed sons to till their soil!

I hope my examples will convince the diehards that there is an urgent need to replace all our Personal Laws with a uniform Civil Code. If you are an Indian, you deserve equality under the law. But how can this be done unless individual laws for different communities are changed?

3) Every time the government has tried to introduce progressive laws, it has been squashed by the clergy. The government has given in because of vote-catching sentiments. India is a secular country, and every Indian must be entitled to enjoy secular laws. Let me give two examples:

a) A couple of years ago, a group of intellectuals and social workers tried to introduce a Bill allowing adoption of orphans. Only an ennabling law, it was squashed by the powerful clergy backed Muslim group and the Bill was dropped. Does this mean that the average Muslim wants to see the orphans of his community die in the gutters? Far from it. But he is neither organised, nor aware of how the clergy is interfering in his happiness.

b) Mother Teresa has openly said that those who have abortion are murderesses and the country that allows such "murders" has no hope. Let me personalise the situation to make you understand the poignancy of the situation. Abortion does not necessarily mean a woman indulging in one sexual affair after another. Such women generally go for other forms of birth control! To proceed:

Your 14-year-old daughter is coming back from school. The bus breaks down and since you do not have a phone, she cannot call you. While you are anxiously awaiting her arrival, she is waylaid by toughs and gang-raped. She is found the next morning, battered, bleeding and unconscious. The doctor tells you that the scars of this traumatic incident will remain with her for life. She may not be able to marry and will need intensive psychiatric treatment. While you are still trying to recover from this shock, there is another blow. Your daughter is pregnant. According to Mother Teresa if this innocent child aborts, she is a murderess and the kind doctor who performs the operation to save the life of the girl, is a murderer! Only if one personally goes through the pain of suffering such an incident in the family can one realise which is more humane — abortion, or forcing a minor against her will to have a child. What about the unwanted child? Stuck with a stigma at birth, unloved, uncared, he will be thrown into an orphanage to grow up as an embittered adult, for no fault of his own. Is this fair? Should we allow theologians to be this unyielding and commit cruel acts in the name of religion? Secondly, the banning of abortion will bring women back to square one in the time old double standards practised by men.

4) It is time our tax structure was changed to something more reasonable. A survey showed that when the government reduced the maximum income-tax in the case of non-corporate tax payers from 97·75 per cent prior to '75.

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A CITIZEN'S MANIFESTO FOR THE NEW GOVERNMENT

to 77 per cent in 1975-76, more people came forward to declare their income. This means that people have been forced to become dishonest because of the unrealistic tax structure. For instance we can pass a law by which one can pay more tax on consumption than on income. Similarly, we, the public don't care whether a company is multinational, or is in the private or public sectors. All we want is maximum employment, better quality goods at a reasonable price and a place to live decently. Large companies can easily be made to contribute to the well-being of the country in many ways ... offer tax reduction incentives to companies that provide housing, schooling, medical aid, creches, and other facilities to employees and their families, reduce the tax percentage and rationalise and simplify the tax laws so that the business man is motivated to put his profits back into the business instead of storing it in black.

5)) It is time we taxed all the filthy rich farmers in this country instead of letting them live off the fat of the land and exploit the landless. This has been much discussed before but never implemented because most of the money to back political parties comes from these farmers, who are really zamindars. A senior IAS official on tour was telling me the other day how shocked he was when he visited one of these landlords in Tanjore recently. Simi-literate, with too much time on his hands and too little to do, the zamindar, in boredom and desperation, had opened his own **kotha** of dancing girls in his house, for his sole entertainment!

6) All concessions to scheduled castes and tribes should be removed. There are several reasons for this. A CPM candidate in Bombay was telling me how the seeds of communal riots are sown. In the Matunga labour camp, the people live in abject misery. One scheduled caste family has got jobs for all the five sons just on special concessions. Next door to them lives a non-Brahmin family just a couple of rungs higher than "scheduled caste" in the caste hierarchy, but they are starving as no special concessions are available to them. She says the envy and hatred between the families is palpable when she visits the camp. In fact, in Tamil Nadu, some impoverished Christians have got affidavits from the court for Rs. 25 (This affidavit business is a joke. One just has to go to court to see the fun. The judge barely looks at you or asks for any documents. The lawyer takes the papers to the clerk, who gets it signed by the judge.) stating that they belong to the scheduled caste, just to avail themselves of the special concessions.

Secondly all this lip service about wanting to help the scheduled castes is sheer eyewash. The politician is only interested in vote gathering from the Harijans. It is revealing that in a thesis submitted by Srilatha Batliwala at the Tata Institute of Fundamental Sciences, she came to the conclusion that when one studied the investment and development pattern of educational facilities given to the backward classes, there is an unnecessary emphasis on the high school and college levels (in the form of free boarding and lodging, scholarships and freeships) rather than on strengthening primary and middle school facilities. What is worse, there is a high "drop out" rate at the primary school level. Because this is the "first generation" entering a school, their illiterate parents don't realise the value of education, and very often pull out their kids to graze the cows or earn a livelihood as child labour. The government agencies have done nothing by way of giving subsidies to the parents to motivate them to keep the child in school. Therefore, what is the point in reserving seats for the backward classes in highly technical jobs, when efforts are not being made to see that they get their primary education? We therefore have several "headless" departments in government agencies where enough scheduled caste candidates are not available to fill in the reserved vacancies.

Instead, if we are a truly secular nation these benefits should be available to anyone who earns less than Rs. 100 a month, regardless of his caste or religion. However, concessions in academic performance should not extend to professional institutions. For example, who wants to be treated by a doctor who got 35 per cent pass marks and entrust the building of a bridge to a low graded engineer?

7) It is time we introduced a law (as in the USA for the President) that no Prime Minister in this country can stand for elections for more than two terms (10 years). It is ridiculous to believe that in a country of 700 million people, only one soul can save us and therefore has the right to go on hanging on to power till he/she drops dead. By introducing such a law, Mrs. Gandhi can refute the allegation that she is trying to introduce dynastic rule.

8) It is time the anti-defection Bill was passed. Politicians are making a fool of the electorate, changing sides as they please. The candidate who defects after he is elected must be forced to resign his seat and stand for re-election from his constituency and explain to the electorate why he suddenly changed his mind and defected.

9) We have played enough games in the past three years with family planning. It is an urgent need and should be implemented with vigour.

10) We should put down harmful and divisive theories like "sons of the soil," etc. with an iron hand. In any case, if all regions are developed with equal care and attention, people will lose the need to move from place to place in search of a livelihood. This theory also stands for border, river water and heavy industry disputes. For example, it is not important whether the controversial Thal fertiliser plant is situated in the heartland of Maharashtra or in Tarapore near he Gujarat border. What is important is to judge how much it helps in increasing national wealth rather than to debate whether it helps the progress of one particular linguistic group or State.

11) It is time we inducted doctors, engineers and eminent men and women who have already made a mark for themselves in public life, into the Cabinet. Research and development should be put on a war footing, using the best talents in the country. We should have enough indigenous know-how in the next 10 years to have more coal, petroleum, food and to fight tropical diseases. We should tackle the annual problems of famine, drought and flood, so that natural calamities cause the minimum damage.

Continued on page 43

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**Unless and until our women awaken,
Bharat, our Mother, will not awaken.**

ZEALOUS ARCHITECTS OF

A TRIBUTE TO THE REVOLUTIONARY WOMEN WHO WERE OUTSTANDING IN THEIR CONTRIBUTION TOWARDS INDIA'S FREEDOM

Satyavrata Ghosh

"Unless the women of India awake India certainly shall not," came the clarion call, more than a century ago, from an obscure author of these two well-known lines in Bengali. And the women of India readily responded. They joined the Freedom Movement, though not in large numbers initially. That credit goes to Mahatma Gandhi and his Non-Cooperation Movement of 1921. But in the early years, even in the last century, we have records of revolutionary women, outstanding in their contribution, but not well-known in proportion to their work. It is meet that on an occasion like the Republic Day we remember them in respectful homage.

MAHARANI TAPASWINI

The first name, but the least known, is that of a legendary lady who is alleged to have fought side by side with Rani Laxmi Bai of Jhansi (her aunt) during India's First War of Independence (1857). She can claim to be the link between that historic outbreak and the rise of an organised revolutionary movement, also a link between Maharashtra and Bengal. Her later name was Mataji Maharani Tapaswini. Of course, there is some controversy about her earlier name. The two who were associated with her were Sunanda and Gangabai. Probably she had to change her name while fleeing from India to Nepal along with Nana Sahib after the failure of the first Anti-British onslaught.

As a child-widow at 7, she started seriously reading Sanskrit. One night, she slipped out of her father's fort and started deep meditation on the bank of the river Tamraparna till her father found her there and took her back home.

With the old man dead, she took over the administration of the state and started reforming the feudal set-up. She also had her eye on the old and obsolete weapons in her arsenal and modernised them to be ready for action. But the British Government was not sitting idle and soon curtailed her freedom. She could not move out of Trichinapally where she was interned. On release, she again took to spiritual pursuits, this time the pooja of Gourishankar. It is here that she got herself re-christened as Mataji Maharani Tapaswini.

In Nepal, she was founding temples for Ganga, but this was only a cover for her revolutionary activities. She tried to exploit her contacts with the Royal family to secure arms for revolution at home. At the suggestion of Chandra Shamshar Jang, the Commander-in-Chief of Nepal, a tile-factory was started as a camouflage for an arms factory with the help of the famous German House of Krupps.

Actually, she had suggested to Tilak personally to go to Nepal and finalise the arrangements with the Maharaja there. Tilak, however, sent one Khadilkar as his deputy and some progress was made in the matter when the British police got scent of it through the Chhatrapati of Kolhapur who had been informed in confidence by a friend of Khadilkar, named Damu Joshi.

Though the plan to manufacture arms in Nepal and their import into India fizzled out, the author of the idea remained incognito. She continued her apparently innocent work of educating women in the true Indian tradition through her famous Mahakali Patshala. She breathed her last in Calcutta, far from her ancestral home in Maharashtra. Very few today even know her name. Fewer still know that she was the pioneer among women revolutionaries in India.

SARLA DEVI CHOUDHURY

Coming as she did from the illustrious Tagore family of Bengal, she had a very different background and career. She was the niece of Gurudev Rabindra Nath, the daughter of his youngest sister, Swarna Kumari Devi. In a sense, Sarla Devi was born a Congresswoman, for her father was the General Secretary of the organisation for years. Patriotism was in her blood. Only the institutions she later worked with were different. They were, some of them, votaries of violence.

Mataji Maharani Tapaswini

Sarla Devi Choudhury

Born and brought up in the enlightened atmosphere of the Tagore family, Western education was within her easy and early reach. At the age of 13 she passed the Entrance Examination in 1886 and, four years later, she graduated with English Honours.

There was an interesting incident relating to the Entrance Examination. In the History paper she answered a question refuting the basic thesis of Lord Macaulay, regarding the Indian character. The examiner, one N. Ghosh, so much liked her original and independent approach that he traced who the examinee was. She scored the highest marks in History.

Early in her life she realised that a nation has to be physically fit and morally strong to successfully overthrow foreign domination. On the lines of Shivaji Utsav and Bhavani Pooja of Maharashtra, she introduced Pratapaditya Utsav and Veerashtami Vrata to inculcate the spirit of a new and virile nationalism. Incidents of courage and bravery shown by Indians against Englishmen always found a prominent place in her magazine, "Bharati". Out of those who came to meet her in that connection, she selected the outstanding ones and formed a group which took an oath of allegiance to India, to serve their Motherland with the last drop of their blood.

About this time, an emissary of Aurobindo Ghosh (who was then in Baroda) appeared on the scene. He was Jatindra Nath Banerji (later Niralamba Swami). He used to teach the youngesters horse-riding, wrestling and drill. Later, Aurobindo's younger brother, Barin Ghosh,also joined the group. He was more of an extremist and insisted on early, overt action. On the issue of committing political dacoity, Sarla Devi left their company.

She was also actively associated with the Suhrid Society of Mymensingh. Ostensibly a social service society, it was actually an organisation for secret revolutionary activities. Aurobindo, Bipin Pal and she were its lead-

ng lights. By 1908 it had 18 branches all over Bengal over and above the Brati Samiti and Shakti Samiti of Calcutta and the Sevak Samiti of Dacca. The activities were aimed at instilling a martial spirit in our youth. Boxing, wrestling, dagger and sword play were the usual activities. The chosen ones were also imparted practice in revolver shooting. During the Anti-Partition Movement, Sarla Devi's activities were also accelerated.

If Maharani Tapaswini can be called a link between Maharashtra and Bengal, if not also Nepal, Sarla Devi, by her marriage with the well-known Punjabi Arya Samaj leader, Rambhuj Datta Choudhury in 1905, became a link between east India and

At the Annual Congress Session at Calcutta in 1901, Sarla Devi, resplendent in her youthful beauty, charmed the whole audience by her self-composed song :

अतीत गौरव वाहिनी मम वाणी,
गाओ आजी हिन्दुस्तान।

My message bears the glory of the past
Rejoice, I say, rejoice, Oh Bharat.

THE COUNTRY'S FREEDOM

Leela Nag

the North-West. By that time Jatindra Nath Banerji had become a sanyasi (Niralamba Swami) and was touring North-West India to contact the revolutionaries of the area. Rash Behari Bose also entered the field a few years later and was trying to organise an All-India uprising on February 21, 1915.

Ostensibly, Sarla Devi was spreading education among women and founded the Bharat Stree Maha Mandal and its branches almost all over India. She also adorned the platforms of the All-India Social Association and Banga Sahitya Sammelan. Translations of the writings of Sister Nevedita, Ranade and Gandhiji appeared in the columns of "Bharati".

It was inspiring. And in 1905, at the Benaras Session of the Congress, President Gokhale requested the lady to sing Bankim Chandra's immortal Bande-Mataram. Poet Rabindra Nath tuned the first two lines, and at his request she tuned the rest of the long and inspiring poem.

On August 18, 1945 this highly educated and cultured lady, one of India's earliest women revolutionaries, indefatigable in her service to the cause of the Motherland breathed her last.

LEELA NAG (ROY)

Just at the "zero year" between the 19th and 20th centuries was born another great revolutionary woman, Leela Nag. Her father was Girish Chandra Nag, a senior civilian of the Assam-Bengal service. A little known fact about him was that he had helped Rash Behari Bose get his passport to go out of India as Raja P. N. Tagore. It was almost an impossible achievement. Her mother was also an educated woman who taught the little Leela high ideals in life. It was the protection and inspiration of such patriotic parents that made it possible for her to grow into a brilliant girl. With Honours in English and the First rank among women candidates, she passed her B.A. examination in 1921.

She went to join her father, then posted at Dacca and also to join the M.A. class in the University there. Though she was initially refused admission on the ground that there was no co-education, her perseverance prevailed. Not only was she admitted, co-education was also introduced in general. She passed M.A. in 1923.

During her student career itself she got involved in a variety of extra-curricular activities. When she was a B.A. student at Bethune College, Calcutta, she and a few others organised the first Women Students' Union and in 1921 she organised a number of meetings as the Asst. Secretary of the All-Bengal Women's Voting Rights Committee. She was also influenced by the Congress movement of 1921.

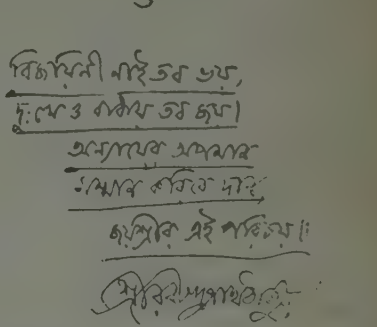
In December, 1923, she established the well-known Deepali Sangh at Dacca. Its avowed aim was to spread education among women, to effect their all-round improvement. It spread itself in many branches. Deepali School, Nari Shiksha Mandir, Shiksha Bhavan, Shiksha Niketan, etc. were the schools she opened. She knew that education alone could be the foundation of Women's emancipation. Deepali Sangh, in reality, became the recruting ground for girls into the revolutionary movement with which Leela was already intimately connected.

In 1924, there was a Youth Conference at Dacca, presided over by Sarla Devi Choudhury. It was here that Leela Nag for the first time delivered a powerful speech against the Dayabhag system of Hindu Law which was discriminatory against women. That was just a beginning. Through years Leela Nag, later Roy, spoke from many platforms all over India. Her activities had attracted many and impressed all. Even poet Tagore had requested her to join Shantiniketan, which she politely declined.

By this time the die was cast and she chose to become a revolutionary activits. She joined hands with Anil Roy (who later became her husband), leader of Shree Sangh. Under their leadership Dacca was getting ready for many spectacular revolutionary actions. The murder of Lowman, the I.G. of Police, in open daylight by Benoy Bose was the most outstanding. But the public hardly knew of her association with the revolutionary movement. The Police, however, had their dossier complete.

After the Chittagong Armoury Raid on 18th April, 1930, Anil Roy was one of the earliest to be arrested and detained. Leela now became the leader of Shree Sangh. Girls of Deepali Sangh also became more active, running between Calcutta and Dacca to collect arms and explosives. Preetilata Waddedar, India's first woman martyr, was once a member of Deepali Sangh. But not for long could Leela Nag carry on her clandestine activities. On December 20, 1931, she was arrested under the Bengal Ordinance and detained, to be released only on October 8, 1937. During detention she twice went on hunger strike.

About six months before her arrest, she launched on a new venture, also educative in nature. Along with a few other women of her way of thinking, she started a women's magazine, "Jayashree" by name. Gurudev Tagore sent his blessings.



You have nothing to fear, O Victorious;
You brim with a heroine's genuine grace,
Your wonderful face is a warrior's face,
No obstacle ever has mattered to you,
Bravely the enemy you have come through
You have nothing to fear, O Victorious;

Continued on Page 39

Giving Chrysal gives pleasure

Because the best kind of gift is one you'd want to receive

Chrysal is the name for beauty and utility in your home. We call it beautility ware. And it comes in a choice of combinations that you can pick and choose from to match your gift budget. For marriages, for anniversaries, for birthdays—or just for the pleasure of giving. In colours that will brighten up the festive day.

Give a gift of Chrysal to someone special to you. You'll be remembered for it for years.

CHRYSAL

Beautility for your home from Metal Box

2 slices bread; 3 eggs, ard boiled and sliced; tbsp. cornflour; 4 cubes cheese, grated; ½ cup coriander leaves, chopped; 2 onions, cut n rings; 1 tsp. chilli auce; 1 tsp. chilli powder; 3 raw eggs; 1 cup milk; salt to taste; 4 tomatoes, sliced; 2 cucumbers, sliced; 2 capsicums, cut in rings; 100 rams ham; 50 grams utter.

. Remove crust from read and butter them. Grease a casserole and eep aside.

. Sandwich the bread ices with ham, egg slices, tomato, onion, capsicum rings, cucumber, grated cheese. Place them in the casserole. Cut the sandwiches into triangles if desired.

3. Beat the eggs with salt, cornflour, chilli powder. Blend with milk. Add coriander leaves, finely chopped.

4. Pour over the sandwiches. Sprinkle with cheese. Dot with butter. Bake in a moderate oven for twenty minutes.

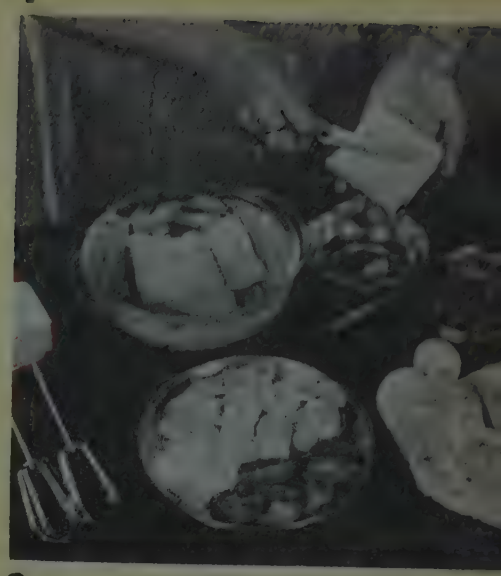
Photographs : Farokh Reporter

STEP BY STEP COOKERY

Sandwich Pudding

An ideal dish to use up the leftover bread and vegetables. SUSHILLA VASWANI shows you the quick way in four easy-to-follow steps.

1



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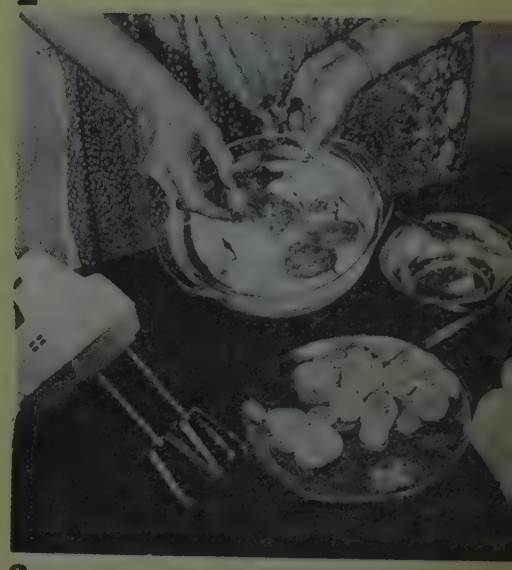

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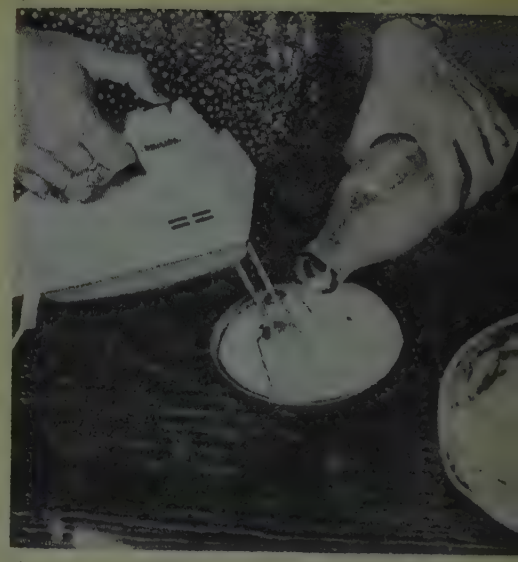

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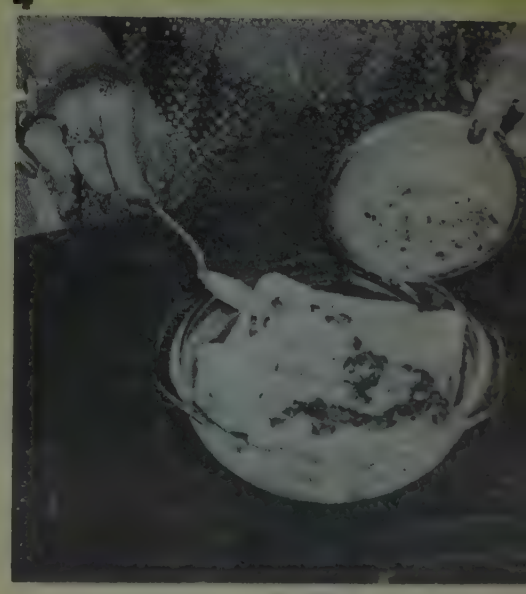

Ah! TA.J

Brooke Bond
TAJ MAHAL TEA
Blended just the way
you'll love it

TASTE PLUS STRENGTH

BB 0025R

BEAUTY BULLETIN

TRY THESE TIPS

My heels are rough and dry and the toe nails unsightly. I wear open sandals most of the time, therefore, my feet are more conspicuous. Please suggest a remedy for my problems.

R.S.S. (Calcutta)

You should give yourself a pedicure weekly. Immerse your feet in a basin of bearably hot water to which a handful of salt has been added. Soak them for ten minutes. Then scrub heels well with a soapy pumice stone to remove scaly skin. Wash well. Once again rub with plain pumice stone while your feet are still damp. Then massage a good foot cream or vaseline daily.

Now your toe nails. First remove the old polish. Then cut the toe nails straight across and smooth off the corners with an emery board. Remove rough skin with pumice stone. Massage the nails and toes with a cream and snip off cuticles and loose bits of surrounding skin.

FOR ATTRACTIVE FEET

Before applying the nail enamel make sure that your nails are clean and free from grease.

Slip a wad of cottonwool between each toe to prevent smudging of wet enamel. Apply two thin coats of the enamel rather than one thick coat. This makes the enamel last longer. Let the first coat dry completely before you apply the second one.

CARE OF TEETH

I am 14 and have a lovely set of teeth. Please tell me what I should do to keep my teeth healthy. My younger sister has been eating a lot of sweets and chocolates and this has resulted in tooth decay.

J. M. (Delhi)

Neglect of teeth, eating a lot of sweets, faulty brushing etc. can cause problems. You should visit your dentist twice a year for a check-up.

Also clean your teeth in the morning and night before going to bed so that no food particles remain lodged in the crevices of teeth which leads to infection.

Never use a brush which is too hard — it damages the teeth enamel and is harsh on the gums. When brushing, keep these points in mind. Brush the upper teeth downwards and the lower teeth upwards with slightly rolling movement of the brush. Scrub the top of the grinding surfaces to and fro, and clean teeth from the back with the brush-end. Rinse mouth well after brushing. The tongue should also be cleansed with a tongue cleaner.

TO RELAX FACE

Please suggest a relaxing exercise for the face.

I am short-sighted and wear spectacles. My eyes are small and I feel the frame I am using at present does not suit me. What type of frame should I buy?

L.B. (Chandigarh)

Here is a useful exercise for you to try. This will relax your face and also the neck area. Make semi-circles with the head from the left shoulder to the right. Start with the head bent back, then circle first to the left, drop chin, and circle to the right. Repeat five times.

Since your eyes are small and your face slightly narrow, go in for a heavy all round frame with extra width at each side of the top line. This will make your eyes seem larger.

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MCA MSS-61

THE LITTLE WOMAN
by Don Tobin
WHAT ARE YOU DOING?
I'M GOING TO FIX OLD HARRY NEXT DOOR!
SPINACH
CORN
TOMATO
PEAS
FOR ONCE IN HIS LIFE HE'S NOT GOING TO GET THE LAST WORD IN AN ARGUMENT!
GOOD GRIEF, HERB! HAVE YOU FLIPPED YOUR LID?
WHAT D'YOU MEAN? I'M JUST PLANTING A GARDEN -
PEAS
SPINACH
CORN
OF ALL THE CRAZY IDEAS! IT'S THE MIDDLE OF WINTER! WHAT DO YOU THINK WILL GROW IN THE SNOW?
GREEN BEANS
© King Features Syndicate, Inc., 1979. World rights reserved.
FROZEN VEGETABLES!
!
DON'T YOU THINK THAT WAS A LITTLE CHILDISH?
IT WAS WORTH IT!
GREEN BEANS
PEAS
CORN
1-7

"We got a divorce because we were incompatible," explained one barfly to another. "My wife hated me when I was drunk, and I couldn't stand her when I was sober."

* * *

One girl to another, "I can't remember the name of the girl he's playing around with now, but her fate is familiar."

* * *

Warren G. Harding used to say that his father told him: "It's a good thing you weren't born a girl. You'd have been in the family way all the time. You can't say no."

* * *

He had been away for many years and when he returned he went to visit his old sweetheart.

"Oh Mary," he gushed, "you're just as beautiful as ever."

"And you, Bill," she responded, "are just as big a liar as ever. But I belive you just the same."

* * *

THAT'S A LAUGH!

"I just killed a trombone player."

"What do you think you'll get?"

"Some sleep."

* * *

"Hey, Mrs. Harrison had triplets one day and twins the next."

"How is that possible?"

"One of the triplets died."

* * *

A true music lover is one who, when he hears a beautiful blonde singing in the bathroom puts his EAR to the keyhole.

* * *

A pregnant mother was heard singing this song: I SHOULD HAVE DANCED ALL NIGHT.

* * *

A four-year-old girl, visiting at her aunt's summer cottage was watching a couple of water-skiers on the lake. Turning to her aunt she said, "Those two men will never be able to catch that boat."

* * *

Doctor: "What's the old skinflint complaining about now?"

Nurse: "He's mad because he got well before the pills gave out."

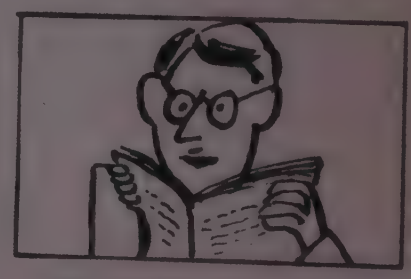
* * *

Two lunatics were talking about misers.

"I heard of a man," one said, "who writes a very small hand so that his ballpoint pen will last longer."

"That's nothing," said the other. "I heard of a man who reads very little so as not to wear out his glasses."

* * *



Did you hear about the talented dog that was able to play Bach on the piano? Only one problem. He would often attack anyone who refused to listen. The dog's owner took him to a talent scout and said, "I've got a great act for you. You'd better listen to him play Bach or he'll leap at you." After listening awhile, the talent scout said, "I should have let him attack — I'm sure his Bach is worse than his bite."

Compiled by George Fegradoe

Jeetendra: THE ENVY OF HIS FRIENDS

Vijaya Irani

THE HIPS STILL GYRATE, BUT HE IS NOW A SERIOUS ACTOR, TOO, AND AFTER YEARS OF "TO WED OR NOT TO WED — AND WHOM" HE IS HAPPILY MARRIED

He is the envy of his friends today. For he is the luckiest guy going around at the top in films.

For one thing, Jeetu has a string of friends who have remained loyal through the ups and downs of his career. This is certainly a hard thing to achieve for a film star, because the rat race is so fierce in the industry. Among his best pals are Rishi Kapoor, Dabboo Kapoor, Sanjeev Kumar and Raakesh Roshan.

With Sanjeev he has had the oldest relationship going, dating back to the time he used to be the discreet messenger between Hema and Sanjeev. And in spite of the sudden shock of that marriage-which-never-was between Jeetu and Hema, they have remained friends.

HOLIDAYS ABROAD

Rishi Kapoor is perhaps his best friend. They go off together on annual romps abroad leaving their women out of the programme. Jeetu's wife Shobha and Chintu's girl Neetu spend all their time on the phone — either talking to their men or to each other comparing notes and checking sentiments.

Jeetu has something Chintu envies, craves and is desperately looking for — a house on his beloved Pali Hill! And it's not merely a house — he has a brick-bungalow for that suburban effect, and right above it, a building in which he and his parents have a fab duplex penthouse. And again, Jeetu and Shobha have their own private digs within the penthouse! So he has it both ways — the advantage of living with his parents and brother's family, and the privacy of living with his wife alone! And poor Rishi Kapoor still hasn't found a good bungalow on Pali Hill which he and Neetu are desperately searching for.

TRIM FIGURE

What does Dabboo envy him? His terrific discipline where diet is concerned. Jeetu has the trimmest physique among his contemporaries, or even among some of the younger stars. Dabboo marvels at his strict timing of meals and drinks because he admits he himself cannot seem to keep a control over these. So Jeetu's figure is a product of hard work and discipline.

Professionally, Jeetu is doing very well, too. His Jumping Jack days seem to be back again, but with a different flavour this time. He is doing all those dance-and-song antics, but balanced with a sizeable portion of acting merit, too. Yes, they are all dishum-dishum roles, but thanks to a short span of his career where he had shown sparks of talent — like "Parichay", "Kinara", "Khushboo", — he is giving a fair amount of good acting and not merely clowning around.

His film "Lok Parlok", which is running in town and in which he co-stars with Jaya Prada is doing well. An example of the sober-mixed-with-masala type of roles which he is now doing, is Prem Sagar's "Hum Tere Aashiq Hain."

Regarding the recent little controversy regarding his film (or rather the film his brother Prasann is making) "Jyoti Bane Jwala" which is reported to have a story identical with that of Prakash Mehra's "Jwalamukhi", it seems quite natural that Jeetendra should work hard on trying to complete the film instead of giving it up just because a hit-film maker like Mehra has also happened to strike on a similar subject and has half completed the film.

THE NEW FILM

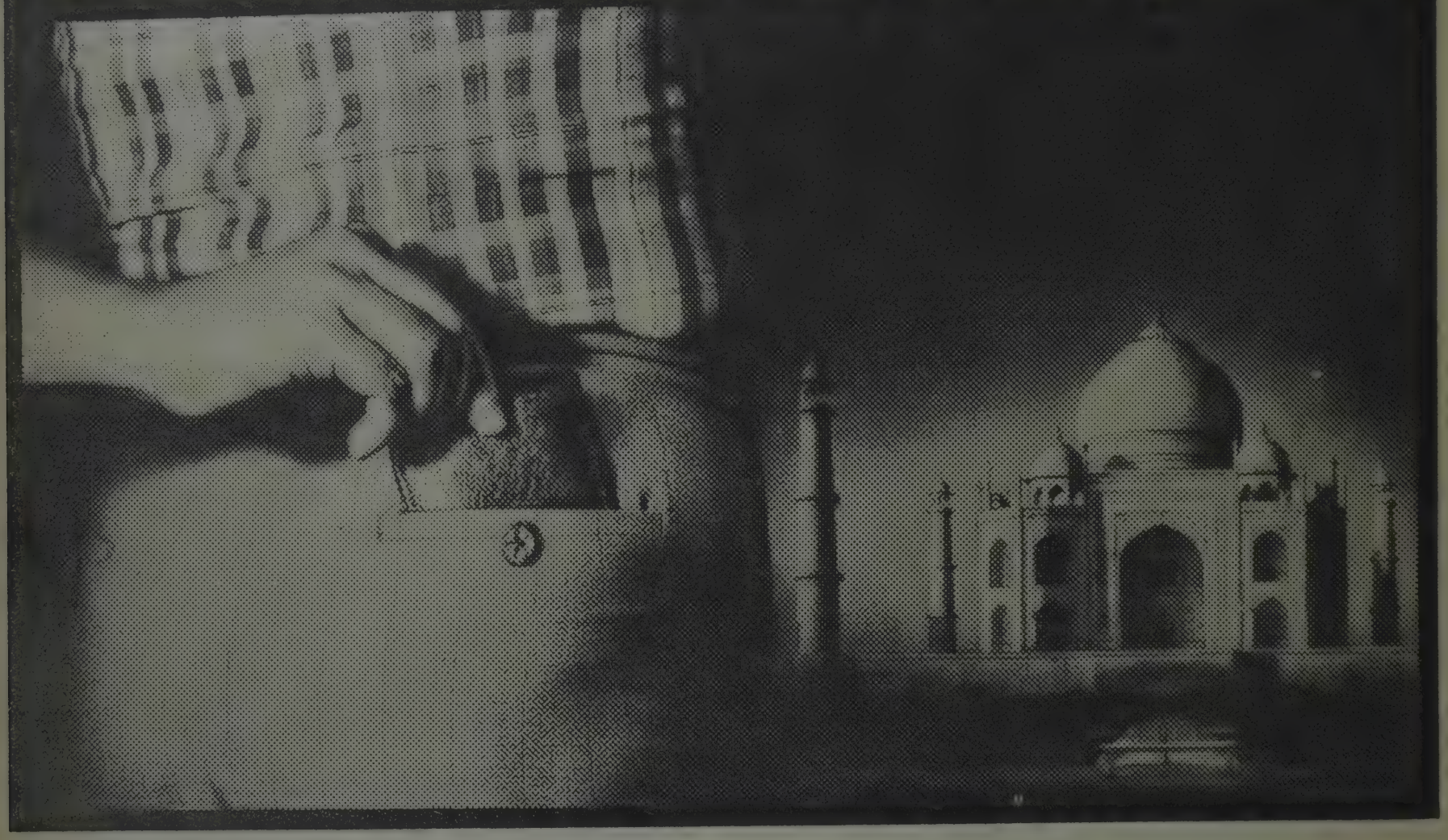
You see, it is on this film Jeetu depends so much, for himself as well as for his brother's and family's sake. The role he has in this film is perhaps the best he has ever had so far. It seems he has given of his best for this role and when the film is released, people will, he expects, sit up and take notice of him as an actor. . . and realise that he has more to him than just cavorting and jumping around.

Extremely religious, Jeetendra has a definite planned programme for whatever he undertakes. Yet the root of all his achievements and his happy family life at home with his people is to be traced to his wife Shobha. Unconsciously, when he talks to you, everything goes back to what Shobha said or did — she is the guiding force behind him!

And that brings us to the happiest feature of his life — the domestic bliss he enjoys. Having the girl who loved him ever since she knew what love was, and with two lovely kids, a girl and a boy, he cannot ask for anything more on that front.

Photograph : Rakesh Shrestha

Seeing the Taj by moonlight is breathtaking. It'll cost this man his whole purse.



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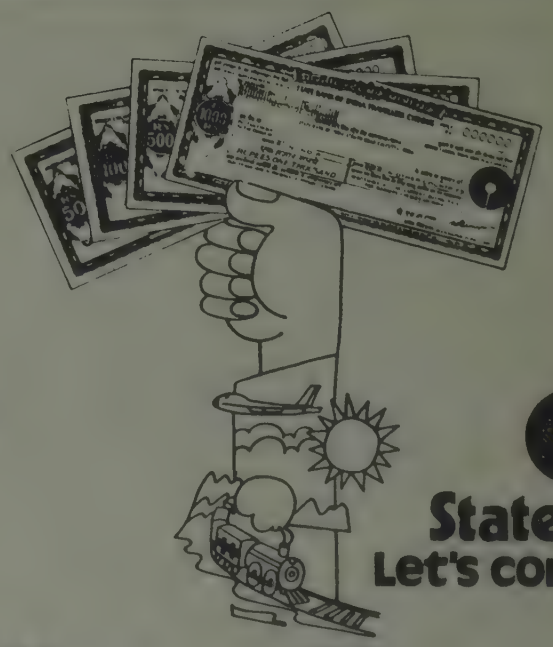

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CREATIVE PHOTOGRAPHY

A brief course on how to take photographs instead of just snapshots.

LOOKING UP OR LOOKING DOWN?

Let us now consider viewpoint from its effect on perspective. Whether you should use a high or a low viewpoint will depend upon the subject and the effect you wish to achieve.

When you look up at your subject from a low viewpoint you see it tall and in its true grandeur. On the other hand when you look down upon your subject it gets dwarfed. Take a look at the two pictures of boats here. I wanted the sail boat to look as imposing as possible so I kept my camera almost at water level and pointed the lens upwards.

Had I used a similar low viewpoint for the other picture, then the boat in front would have hidden the remaining boats. Here I did not intend to add height to the subject but wanted all the boats to show up in a nice radial pattern. Hence the high viewpoint. The viewpoint should interpret the subject as you conceive it.

Homi Kharas

border

Of all the wonderful ideas dreamed up by the fashion designers there has never been anything so striking as these bordered sarees designed by LALITHA KAPADIA and DIPTI SHODHAN. Sarees to carry you to a mysterious world of fashion with a mix and match of bold and narrow borders, exquisitely fitted and embellished on the pallav, patli and saree edge, printed, embroidered and woven in razzle-dazzle colours to hit the fashion scene.

FROM LEFT TO RIGHT:

To please the feminine fancy: pretty navy blue georgette saree with pink and green Ahmedabad woven border at patli and pallav edge, while the green dotted organza has a woven and printed border fro the South, running along the saree edge forming a V-shape at the pallav centre.

skirmish!

Achieve the frankly feminine look in this Jaipur satin striped laheriya with a woven border from Gujarat. Narrow borders fitted lengthwise in panels at the patli. The broad border accentuates the pallav edge.

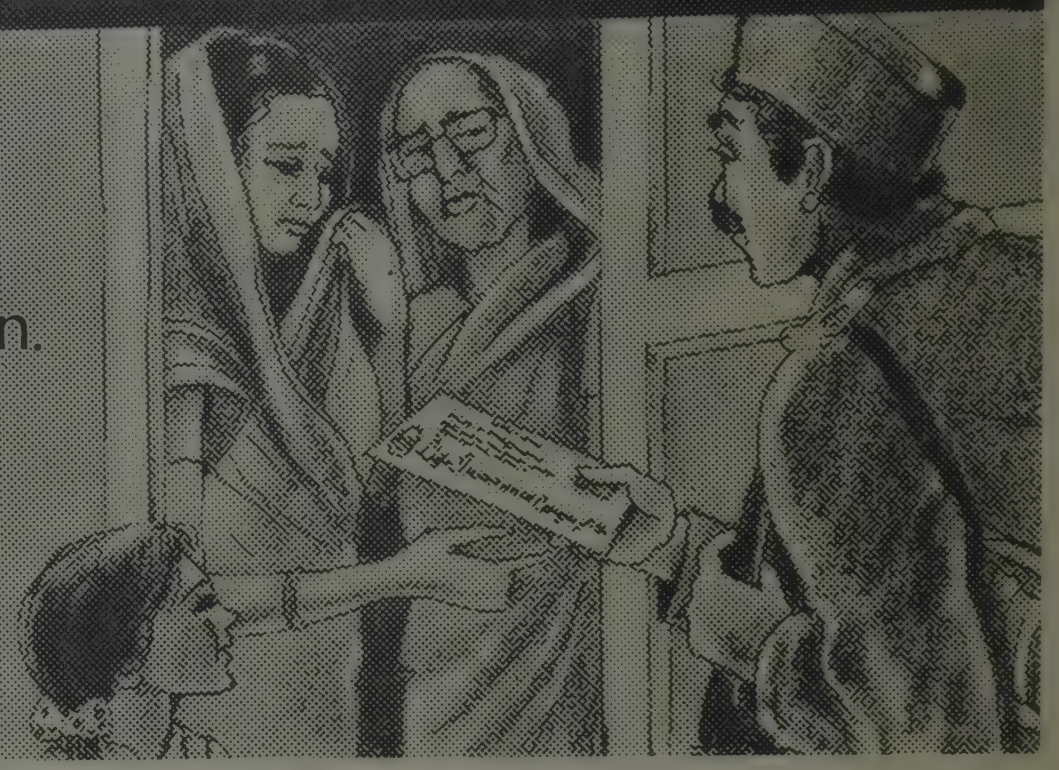
All set to go anywhere in this delightful saree that's so pretty and so versatile. A red organza with silver and gold polka dots has a Kanjeevaram silk border while the white organza with similar dots has a Rajasthani bandhani border.

For the girl with the elegant air: a yellow tanchoi silk with a Kutchi border, embroidered in brilliant colours at the pallav and edge of the saree.

Courtesy: Akansha Boutique, Bombay

Photographs : Taiyeb Badshah

13 January 1979
This was a black day
for Lakshmi.



16 February 1979
She has hope and
financial security
to face life on her own.

9 December 1978
Vijay, a mechanic of Cochin, Kerala, paid the first quarterly premium on his life insurance policy for Rs. 5,000.

13 January 1979
Vijay died in a motor cycle accident leaving his wife Lakshmi and a little daughter.

20 January 1979
The death of Vijay was intimated to the Life Insurance Corporation. LIC issued the claim forms and the claimant filed the claim papers complete with all the required documents.

16 February 1979
The Trivandrum Divisional Office of LIC settled the claim and Lakshmi got the cheque. This was one out of 78,000 death claims settled for a total amount of Rs. 55.05 crores by LIC during 1978-79.

(This is a true-life-incident. But, for obvious reasons the actual names have been concealed)

LIC is constantly engaged in simplifying its procedures. For example, in the case of policies with sum assured of Rs. 5,000 and less, requirements of age proof, surety in the event of policy bond, investigation of claims which are prima facie genuine etc. are often waived. Review of requirements is a continuous process especially keeping in mind the needs of small sum-assured policyholders.

In most cases, the basic requirements for settlement of claims are:

- **Death certificate from competent authority**
- **Policy bond**
- **Claim forms duly completed by nominee or title holder** *(It will help if the policy bears the nomination in favour of the beneficiary).*

No claim is rejected except on the basis of detected fraud or material concealment.

A few cases of delay, however, do occur in spite of our best efforts. Any claimant who experiences delay in the processing of the claim (even after meeting the basic requirements) may please get in touch with the Officer-in-charge of the LIC Divisional Office where the claim is processed, who will be glad to help.

योगक्षेमं वहाम्यहम्

Life Insurance Corporation of India

RADEUS/LIC/SP-34

ARTIST OF THE MONTH

Introducing women in the art world, whose work contributes significantly to contemporary Indian art.

KOMALA VARADAN

A BLENDING OF ART FORMS

Nobody these days is satisfied with just one job or one interest. We have policemen poets, a doctor who does stage decor, housewives who paint, write, dance or sing, politicians who are also actors and playwrights and hundreds of others in every walk of life who may not have gained recognition but who have nonetheless attempted to contribute something in various spheres of art.

Viewed in this perspective Komala Varadan is a classic example. She has made a name for herself in four regions of art — as a dancer, painter, writer and art photographer. The four aspects are not water-tight compartments but merge one into the other and perhaps add to her understanding of, and performance in, each art. This is essentially because the fundamental requirements for all the arts remain the same — dedication, patience and an eye for detail — all of which Komala has in plenty.

A self-taught artist, Komala received some rudimentary guidance from Mr. V. R. Rao, but developed her talent through practice. Her paintings conform to no particular school or style. Each one of her creations reflects the depth and sensitivity of her emotions. Her paintings are a random recording of her feelings, her attitude to dancing, and her observations of man and nature in their various moods and forms.

The importance of her contribution to Indian art stems not from her technical excellence (the slight deficiency of which shows through in some canvases) but from the fact that she gives an insight into the mind and spirit of a dancer and writer. Her painting is an art that mirrors another art and is valuable as such.

The painting of the dancer reveals the extent to which the dancer loses herself in the rhythm and movement of the dance. She seems totally unaware of any audience and dances for her own satisfaction, which is perhaps what every true dancer does. One can see the soul of the dancer in the painting. There is also a simplicity and arresting beauty in the line and stance that speaks volumes for Komala's talent.

The portrait of a man reveals Komala's insight into human nature which is visible also in her writing. She has managed to capture a certain wistful sadness and a look of resignation in the man's eyes. Here it is the writer expressing herself as effectively with the brush as with the pen. So Komala the artist reflects Komala the dancer and the writer as well.

Komala has had solo shows in Bangalore in '71 and '74, Bombay in '73 and Madras in '75. Her latest exhibition was held in the capital at the Lalit Kala Akademi. Entitled "Nartaki by a Nartaki" each exhibit effectively depicted some facet of the dance form, be it ballet or Bharata Natyam. The show was a great success and won the acclaim of many critics. Keshav Malik writes, "The painter transposes her recalled dancing moments — moments when colour and movement blend into one. . . The Tandava rises as if out of the mists of memory."

Komala has received awards of the State Lalit Kala Academi, Bangalore, and the Dasara Exhibition, Mysore. Some of her paintings have been acquired by Raj Bhavan, Bangalore, Contemporary Artists Gallery and many private collections in India and abroad.

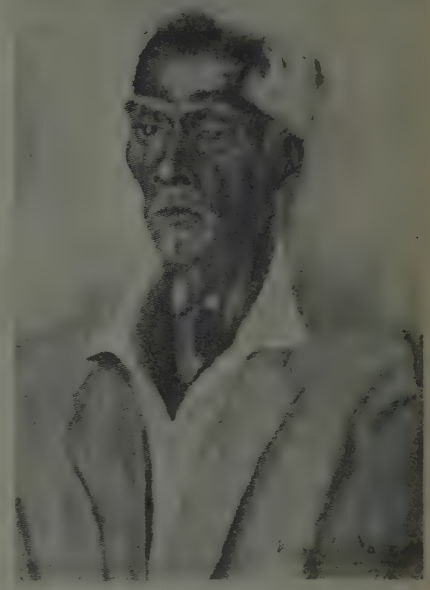
A graduate from Calcutta University, she did her post-graduate Diploma in Journalism from Bharatiya Vidya Bhavan, winning the Kulapati Medal and Deccan Herald Award. She was appointed Chairman of the Sangeet Nritya Academi in '77.

She was initiated into Bharata Natyam at the age of five and by twelve she was giving performances at home and abroad. As her parents were in Singapore, she made a visit there, sponsored by the Indian Finance Society and other organisations. She was the first non-Chinese to be sponsored by the China Society of Singapore.

Since then she has travelled extensively in South-East Asia, U.S.A., U.K., Canada and Europe, performing both on stage and on television. Komala feels that the foreign reaction to Indian cultural activities has changed greatly in the last decade or so. Indian dance and music held a blind charm for foreign audience of the mid-fifties. Any second-rate artiste could carry the crowd on the strength of exotic costumes and music. But now the audience has become a very discerning one. A sizeable percentage have already acquired some knowledge of our religion, philosophy and culture. They come prepared to ask questions and discuss answers.

She received the title of Natya Rani in Singapore in '60 and was adjudged one of the ten most distinguished women by the University Women's Association, Bangalore, in 1973.

As a writer Komala has had more recognition in Tamil. Her first novel was serialised in "Ananda Vikatan", which is one of the most popular and widely circulated Tamil magazines. A collection of short stories was published in book form in 1975



and Komala also received an award in a Tamil short story competition in '78.

In the field of art photography, she displays the same innate sensitivity and awareness of form and arrangement. Her photographs and colour transparencies are of ordinary commonplace subjects such as the beauty of a dew-drenched rose and the charm of tribal girls and animals. But these everyday themes are so treated that they make dramatic shots. The rose stands stark against a dark background, its edges touched by light. Many of her photographs have been exhibited and have won awards.

Her interests and activities in all four forms of art run simultaneously. While some people find time too short for even one art, one wonders how Komala has made headway in four mediums.

"God has been kind to me," she smiles, "and with a bit of planning and organising time can always be utilised well."

Malati Jaikumar

What travel fatigue does to you, it does to fruit and vegetables.

Unless SIL steps in.

By the time so-called 'fresh' fruit and vegetables are transported from field to kitchen they lose their freshness and most of their energy and vitamins.

Many a time you must have pressed a pea or a bhendi . . . and found it hard. You may have pricked it with your nail . . . and, quite often, no juice dribbled out. Definite signs of nutrient loss.

SIL steps in to secure for you the freshness and nutrition values which your family needs. Now you can enjoy the fresh vitality of peas, corn, tomatoes and fruits that haven't travelled even a few kilometres!

Because SIL's Farm-Fresh technology begins right where fruit and vegetables grow. SIL's new factory is 'planted' right amidst fertile gardens and orchards contracted to SIL. Thereby enabling processing to start within minutes of plucking!

Yes . . . the plucking-time freshness and nutrient content. That's what SIL captures and seals . . . all of it. In the SIL can.

Press and prick these contents. Soft. Juicy. Freshness and nutritive value you can feel . . . and taste. As never before!

That's SIL. A professional rural cannery for you.

SIL
for plucking-time freshness

Creative Unit 4366

PERSONAL CHOICE

PARSI PAKWAN

**A lawyer turned law officer,
MRS. GOOL KOTWAL,
lives a rich and zestful life with her
interests ranging from the law to social work
and cooking.
She takes great pleasure in entertaining
her friends, for it gives her an
opportunity to show off the
dishes in which she excels.
A number of Parsi recipes given by her are
worth trying and tasting — you'll
definitely hunger for more!**

CHICKEN LIVER (Aleti Paleti)

½ kg chicken liver, gizzard and kidney
4 onions
¼ kg tomatoes, chopped
Ghee or oil
2 potatoes
2 eggs, hard boiled
Salt to taste

GRIND TO A PASTE:

½ coconut
4 red chillis
1 pod garlic
2 tsps. cummin seeds
Garam masala
1 tsp. turmeric

Slice the onions finely. Fry in ghee until brown. Add tomatoes and ground masala. Fry until well done. Add the cleaned chicken liver, gizzard and kidney and little water. Pressure cook for about ten minutes. Garnish with fried potato chips and hard boiled eggs.

MEAT BALLS (Tapeli Na Kabab)

½ kg minced meat
Ginger and garlic paste

otograph : Tayeb Badshah

1 bunch coriander leaves
4/6 green chillis
1 tsp. turmeric powder
3 onions, sliced and finely browned
2 eggs
4 large potatoes
200 grams small red tomatoes
2 tbsps. oil
Half a glass of water
Salt to taste

Clean the mince. Add ginger and garlic paste, chillis and finely cut coriander, fried onions, turmeric powder and eggs. Mix well. Form into balls. Arrange these balls in a wide dekchi containing oil and water. Cut potatoes into small pieces and place it around the meat balls. Add the small red tomatoes.

Cover the dekchi and cook on a slow fire until well done, taking care not to turn the meat balls with a spoon or spatula. Remove carefully into serving dish and serve hot garnished with coriander leaves.

PATRA FISH
(Patra Ni Machi)

2 pomfrets
1 coconut
1 bunch coriander
6 to 7 green chillis
1 pod garlic
2 tsps. cummin seeds
2½ tsps. sugar
1 tsp. turmeric
2 lemons
8 to 10 tbsps. vinegar
6 tbsps. water
Plantain leaves
String for tying

Grind to a fine paste the coconut, garlic, cummin, chillis, coriander, sugar and salt. Squeeze lemon juice and add one teaspoon turmeric. Mix well.

Clean and cut the fish into thick slices. Apply salt to taste. Keep aside. Clean the plantain leaves. Slit them from the centre and remove the hard core. Cut into twelve inch squares. Apply oil over each square leaf and place a piece of fish on it. Apply the above chutney past over the fish. Neatly wrap the fish with the plantain leaf into a parcel. Tie securely with a string. Place all the fish parcels in a wide dekchi containing a mixture of the remaining oil, vinegar and water. Cook on slow fire until done. Untie the string before serving.

RICE ROYAL

2 cups basmati rice
½ kg minced meat
¼ kg French beans
¼ kg carrots
4 large capsicums
Ginger and garlic paste
4 green chillis
Coriander leaves, chopped
2 cups tomato sauce
1 tbsp. flour
1 tbsp. butter or margarine
2 eggs
2 onions, finely sliced and browned
1 cup cheese, grated
Ghee or oil for frying
Salt to taste

Wash the mince. Mix with ginger and garlic paste, salt, chillis and coriander, fried onions and eggs. Make meat balls and deep fry till golden brown. Set aside. Boil rice and keep aside. Cut French beans and carrots lenghthwise and boil for about five minutes. Saute the flour in butter till light brown. Add sauce and water and cook till the gravy thickens. Add the boiled vegetables and cut capsicums. In a transparent oven proof dish spread a portion of the rice at the bottom. Add portion of the gravy with vegetables and place some of the meat balls over it. Sprinkle grated cheese. Continue the layer until all the ingredients are used. Heat in a moderate oven for about ten minutes before serving.

MINCE PATTICE

¼ kg mince
3 onions
3 tomatoes, chopped
Ginger and garlic paste
Coriander and chillis, chopped
½ tsp. turmeric powder
½ tsp. chilli powder
2 tsps, sugar
2 tsps. vinegar
½ kg potatoes
2 eggs
Breadcrumbs
Salt to taste

Clean the mince. Fry the onions till brown. Add mince, tomatoes, masala and salt and cook until well done. Add sugar and vinegar and set aside to cool. Boil and mash potatoes with a little salt. Form into small balls. Flatten the balls gently and place two teaspoonful of the cooked mince in the centre. Form into a nice ball. Roll in breadcrumbs and well beaten eggs. Deep fry till golden brown. Serve hot.

BAKED CUSTARD
(Lagan Nu Custard)

1 litre milk
8 eggs
200 grams sugar
1 tbsp. cornflour
Essence of vanilla
Nutmeg, grated
Cashewnuts, almonds (optional)
Cherries, chirongi and raisins

Heat the milk and set aside to cool. Stir in well beaten eggs, sugar, vanilla essence, dissolved cornflour, grated nutmeg and little of chopped nuts. Cook on slow fire until thick.

Pour into a greased baking tray. Garnish with remaining nuts and cherries and bake in a moderate oven until brown. Serve hot or cold.

COOKERY QUEEN

KAMALA SUWAMEE, Madras.

Mrs. Suwamee wins Rs. 100 for this month's best recipe plus a non-stick coated Taper Fry Pan from Trupti Industries and a gift hamper from Corn Products, Bombay.

FRUIT TIER SURPRISE

1 small pineapple
1 apple
4 sweet limes
250 grams black grapes
6 bananas
50 grams gelatine
600 ml. milk
250 ml. fresh cream
3 tbsps. cornflour
100 grams sugar
Orange essence
Pineapple essence
Lemon yellow and apple green edible colour

Peel and core the pineapple. Cut into rings. Cook in sugar syrup under pressure. Keep few rings aside for decoration and crush the rest. Cook grapes in little water. Skin and remove seeds. Leave aside. Extract juice from three sweet limes. Soak one third of gelatine in the above juice along with sugar. Keep over fire until sugar and gelatine dissolves. Add few drops of yellow colouring and orange essence. Peel and chop apple and bananas. Add to the above juice along with grapes. Keep aside. Mix cornflour in half the quantity of milk. Heat the rest of the milk. Pour this boiling milk over the cornflour mixture. Cook over fire until thick. Remove and cool. Soak the remaining gelatine in water. Dissolve. Whip the cream until stiff. Fold in gelatine and the whipped cream into the custard. Divide the mixture into two. Add pineapple puree, green colour and pineapple essence to one portion and sweetlime mixture to the other.

Grease a square mould. Arrange the pineapple rings at the bottom. Fill up the centres and gaps with black grapes. Pour half of the pieapple milk mixture and set in freezer until firm. When set, pour the sweetlime juice, gelatine mixture along with fruits. Once again set in freezer. Over this set the grape milk mixture. Set again. Repeat these layers once again starting from pineapple and ending with grapes. Set in freezer each time until firm. Invert the mould on a plate so that the pineapple rings are on the top.

RECIPES FROM OUR READERS

Miss Farida Sutaria, Bombay.

FRUITY FALOODA

FOR THE FALOODA:

1 tbsp. falooda seeds
2 tbsps. cornflour
1 cup water
3 cups cream
1½ cups rose syrup
6 scoops vanilla ice cream
6 glace cherries
2 cups crushed ice
1 cup chilled water

FOR THE FRUIT LAYER:

2 sweet limes, peeled and chopped
2 oranges, peeled and chopped
2 apples
4 chikoos, peeled and chopped
3 bananas

FOR THE FALOODA:

Put falooda seeds in a bowl. Cover them with one cup of crushed ice. Leave aside for about 10 minutes. Mix cornflour with one cup of water and cook over low heat stirring continuously till the mixture thickens. Rub the flour through a colander placed over a bowl containing one cup of chilled water and one cup of crushed ice. Rub vigorously with the back of a spoon. This thickened cornflour will drop in water and form elongated pearl drops. Keep these soaked in iced water till required.

FOR THE FRUIT LAYER:

Mix all the chopped fruits leaving the apples and bananas aside.

FOR PREPARATION:

Drain out two tablespoon of cornflour drops and place at the bottom of a tall glass. Cover this with a spoonful of falooda seeds followed by two tablespoon rose syrup. Pour a little cream over this. Cover this with tbsps. of chopped fruits. Peel the bananas and apples. Grate one slice of apple directly in the glass. Chop the banana and put directly in the glass. Cover this with some crushed ice followed with one scoop of ice cream. Keep one cherry on top and serve chilled.

Miss Nawaz, Jamshedpur.

PEARS IN CHOCOLATE

4 ripe pears
10 grams walnuts, shelled
10 grams cherries
100 grams chocolate
4 tsps. coffee
25 grams unsalted butter
2 eggs
1-2 tsps. rum (optional)

FOR THE GARNISH:

Whipped cream and chopped pistachio nuts

Peel the pears. Core from the base, leaving stem and top intact. Cut a little from the base of each pear, to make them stand upright.

Roughly chop and mix together walnuts and cherries. Press a little of this mixture in the core cavities of the pears. Stand the pears upright into one large serving dish.

Break up the chocolate and put it in a bowl with the coffee. Stand the bowl over a saucepan of boiling water. Stir occasionally until the chocolate melts. Remove the bowl from the heat and first, stir in the butter and then the rum. Separate the eggs and beat the yolks, one at a time into the chocolate mixture. Whisk the egg whites until stiff, but still moist and fold them carefully into the chocolate. Spoon the chocolate mixture over the pears until evenly coated. Chill in the refrigerator for two to three hours. Garnish with whipped cream and pistachio nuts.

WEEKLY WINNER

PINKY ARORA, Mussoorie.

Miss Arora wins Rs. 50 for this week's best recipe plus a 9 cup Storefresh container from Trupti Industries, a gift hamper from Corn Products and P. Mittulaul Lalah and Sons, Madras.

CHAROLOTTE

500 ml. milk
4 eggs
200 grams sugar
40 grams gelatine
100 grams cream
1 packet orange flavour jelly
A small sponge cake
4 to 6 fresh oranges
A few drops orange essence
500 ml. water
2 moulds about 600 ml. capacity

Prepare the jelly according to the instructions given on the packet. Cool in a refrigerator. Pour the chilled jelly in one mould to fill half. Keep the other mould on top and press it to form a layer. Cool on ice in a refrigerator. Boil the milk with fifty grams of sugar. Cook till the sugar dissolves. Separate the eggs. Keep the whites aside. Beat the yolks and add to the hot milk stirring continuously. Keep this mixture in a double boiler and stir till it coats the back of a wooden spoon. Remove from fire and cool. Dissolve gelatine. Add to the above cooled custard. Remove segments from two oranges and the juice from the rest. Remove the empty mould used for pressing and return the jelly to the refrigerator. Line the jelly with some orange segments and sponge cake. Beat the egg whites with 100 grams of sugar till stiff. Gradually fold in the egg white into the custard. Add orange juice, segments and orange colour. Leave to set. Beat cream with the remaining sugar. Add to the custard when nearly set. Fill the jelly lined mould and leave to set once again.

COOKERY CONTESTANTS!

Revised Contest Rules

1. Each recipe must be accompanied by this coupon.
2. The author of each selected entry will be informed in advance and requested to send a passport size photograph of herself to be published along with her recipe.
3. The recipe must be original and not copied from a cookery book, a magazine of any other published material The prize-winner shall have to sign a declaration to that effect before the announcement is made and the prize awarded.

Address your entries to the Cookery Editor, EVE'S WEEKLY, Bombay Samachar Marg, Bombay—400 023.

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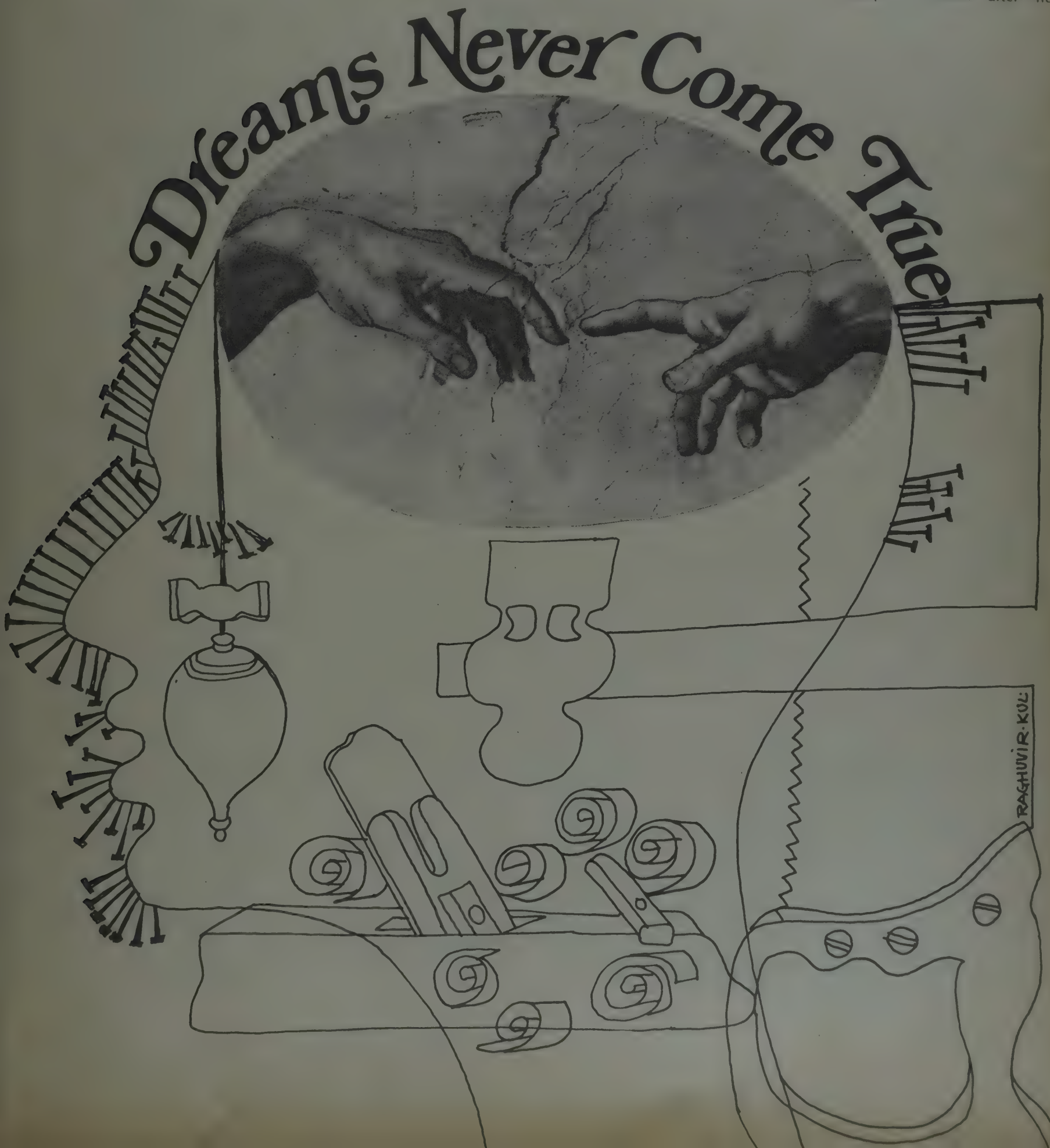
Dreams Never Come True

SUCH A VAST AMOUNT OF MONEY! HE ALREADY IMAGINED THE RUSTLING SOUND OF THE CRISP NEW NOTES IN HIS POCKET. HE WHISTLED WHILE HE WORKED AND EVEN ATTEMPTED TO SING

Anuradha Rao

SUNLIGHT streamed in through the open window. Swamy opened his eyes and quickly shut them again as the light fell directly on his face. He turned over and looked across the room at his wife who was already preparing breakfast. Diagonally across the room his two little children slept on a small cot. Once again he thanked his stars that his children were not like him; he had a hare-lip. He sighed and sat up. He ambled off into the small adjoining room which was converted into a bathroom. His wife, Lachmi, looked up and without smiling turned back to her rolling pin and chappattis. He shrugged and shaking a little tooth-powder onto his palm, started brushing his teeth.

He was accustomed to his wife's moods and was reconciled to the fact that she would never love him. She simply tolerated him as her husband because her parents were too poor to afford to keep her even after her



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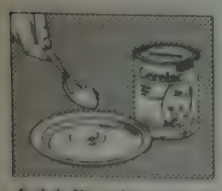
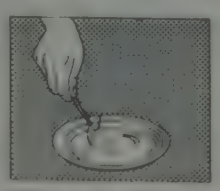
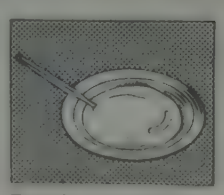

Add Cerelac to pre-boiled water


Mix and stir.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DREAMS NEVER COME TRUE

marriage. Lachmi wasn't openly nasty or insulting but her silence was just as effective.

At 8 o'clock sharp Swamy left, and out of sheer force of habit, told her that he was going. She nodded, unsmiling and he cursed himself for telling her. He pushed her out of his mind.

Today he was happy, for he had an opportunity to make some money. He was going to assist a carpenter in making some cupboards for the office. He thought of what he'd do with the money. He estimated that he would get at the least fifty rupees for a month's work. At first he thought of buying a sari for his wife — that red one he had seen at the shop. Its price was forty rupees and, he thought, with the remaining money he'd buy some sweets or toys for his children.

He smiled a little as he dreamt of her reaction. Perhaps she would drop her cloak of indifference and coldness and behave in a sweeter manner towards him.

A dark pall moved over his dreams as he remembered the reward he had got the last time he had bought her a sari. It was a dark pink one with golden flowers scattered all over. She didn't like the sari and took no trouble to conceal her dislike. He still remembered the delight, he had imagined, she would feel, and her reaction to the present. He thought of how she would pull forward a stool to serve as a foot rest, how she would fan him; prepare his favourite dish, and smile and look lovingly at him and thank him shyly for the lovely present — one that she'd never forget throughout her life.

He smiled bitterly as he recalled what had actually happened. He remembered how he had gone home whistling. Lachmi opened the door and eyed the packet in his hand suspiciously. He caught her glance and smiled affectionately. Rudely she asked him what was in the packet. His children gathered round him and put up their arms to pull the packet down and open it. He put it out of their reach and smiling secretively at Lachmi went to wash himself.

After the children had gone to sleep, Swamy pulled down the packet and opened it with trembling fingers. "Now for the beautiful scene," he thought. He opened out the sari and held it out to her.

His enthusiasm died when he saw the empty look in her eyes. They didn't mirror any emotion — no astonishment, no pleasure, no love, no hate, no sadness, no anger, no tenderness — nothing. They were more like pieces of glass — dull and empty. She took the sari and holding it against her, said, "You shouldn't have bought it."

He stuttered, "B-but I wanted to for a long time." He looked at her and stopped. Then mustering courage said, "Do you-er-l-er-like it?"

No answer.

She continued assessing the sari and, after what seemed a century, answered flatly, "You bought it, my taste doesn't matter. All the same, thanks." She said it in such a flat, cold, dead voice that it took away all the gratitude and happiness usually expressed in that little word. He never forgot that incident, nor was he likely to forget it. So he gave up the idea of buying a sari for his ungrateful wife.

His heart lifted when he thought of his children. He would buy clothes for them — nice ones. He would buy a maxi for his daughter and one of those modern bell-bottomed trousers for his son. If any money was left he would buy some sweets or toys for them.

He was happy. Whistling, he entered the office and headed straight for the carpenter's room.

The carpenter was a grouchy man; a man of few words. A frown was part of his normal expression and his lips were constantly pulled down at the corners. He was a typical dog-in-the-manger. He didn't talk much and didn't like others around him to talk. He had chosen Swamy as his assistant because he figured that since Swamy had a hare lip he wouldn't talk much, and he was simple and helpful.

They settled down to work. Measure; cut; saw; bang; nail; . . .it went on for a month. They had to prepare six huge sturdy cupboards. The work entrusted to Swamy was this. He had to hold two planks of wood while the carpenter measured and sawed them; sometimes he had to saw them himself; he had to hand the carpenter nails and screws and hammers and he had to scrape the surfaces of the completed cupboards and polish them.

At the end of the month Swamy was tired out by the hard job of polishing.

The last day dawned. He felt relieved. Last day! At the end of the day he'd get his money. Fifty rupees! He felt as if he could buy the whole world with the fifty rupees. Such a vast amount of money! He already imagined the rustling sound of the crisp new notes in his pocket. His mind was totally concentrated on the fast approaching evening. His heart beat faster. It was as if his heart longed to break through the layers of obstruction and fly away in rapture. He whistled while he worked and even attempted to sing! He thought of the chubby faces of his children wreathed in happy smiles; and he smiled. He was thrilled at the prospect of seeing his children really happy for once; it was not often that they received pleasant surprises from their father.

Evening came. The shadows grew longer. "One more door left to polish and. . ." he thought. He ignored the sweat pouring down his face and he worked harder and faster.

There! The last stroke. . . and finish! He put down the cloth and wiped his face on his sleeve.

The carpenter had already packed his paraphernalia. Swamy waited expectantly.

The carpenter said, "Hey, that's your fee and thanks for your help."

Swamy uttered an inaudible, "Thanks". The carpenter walked on. Swamy didn't want to look down at the money in his hands. The carpenter turned round the corner and disappeared.

Swamy counted the money slowly. As he counted the money his dreams of buying a maxi for his daughter and trousers for his son vanished as quickly as the light breeze that had touched his face a moment ago. Gone were his dreams; gone were his thoughts of seeing his children happy; gone was everything he worked for the whole month! He clutched to his bosom a paltry ten rupees.

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I WAS SO KEEN ON THE AIR HOSTESS JOB. EAGERLY I SET OFF FOR MY FIRST INTERVIEW
YOU'RE RIGHT FOR THE JOB AND ATTRACTIVE TOO, BUT UNLESS YOU DO SOMETHING ABOUT YOUR SKIN!
SHE WAS RIGHT. WHY DID MY SKIN HAVE TO LOOK SO DULL AND LIFELESS
WHEN MY AIR HOSTESS FRIEND HEARD -
LISTEN MEENA, I KNOW WHAT YOU NEED BEFORE YOUR FINAL INTERVIEW-ANNE FRENCH DEEP CLEANSING MILK
IF YOU CLEANSE YOUR SKIN REGULARLY WITH ANNE FRENCH DEEP CLEANSING MILK ITS DULLNESS WILL CLEAR
LOOK HOW IT REMOVES THE STALE MAKE-UP AND HIDDEN DIRT THAT SOAP DOESN'T WASH AWAY. NATURALLY YOUR SKIN LOOKS GLOWING AND FRESH.
I USED ANNE FRENCH DEEP CLEANSING MILK EVERY NIGHT UNTIL I WENT FOR MY FINAL INTERVIEW
CONGRATULATIONS, THE JOB IS YOURS. AND REALLY WHAT A MARVELLOUS DIFFERENCE IN YOUR SKIN!
IT'S HARD WORK BEING AN AIR HOSTESS - BUT LOTS OF FUN TOO. THANK YOU ANNE FRENCH FOR A LOVELY COMPLEXION - FOR EVERYTHING.
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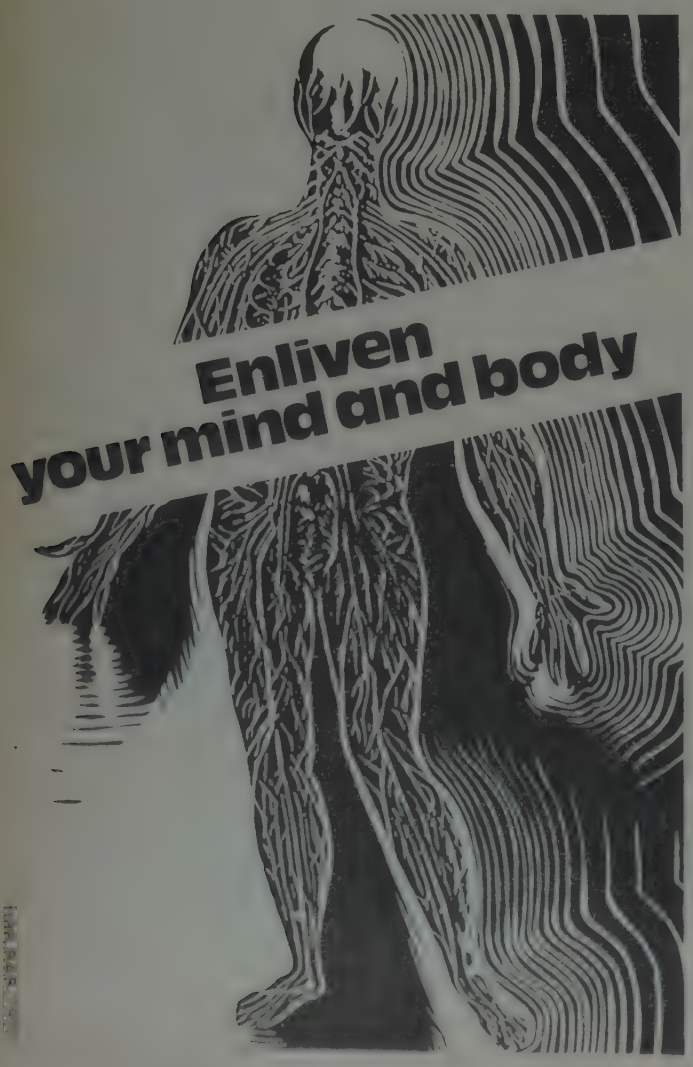

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ZEALOUS ARCHITECTS OF THE COUNTRY'S FREEDOM

Continued from page 17

It had a chequered career, for the authorities were always on the lookout for an opportunity to close it down.

Indian politics had undergone a great change by the time Anil Roy and she were released. From their earlier romantic dreams and idealistic actions many revolutionaries, after years of detention, with reading and reflection, began to think in terms of the social purpose of Revolution. Many became pucca Communists. But Anil Roy and Leela Nag chose to work through the Congress for a total transformation of society. She started and worked for the Women's Wing of the Congress. After the Haripura Session, the then President, Subhas Chandra Bose, nominated her as head of the Women's Sub-Committee of its Planning Committee. She submitted a very thoughtful report.

A year later, there was a crisis in the Congress. Subhas Bose was out of favour because he was relentless in demanding direct action against the British Government. Anil Roy and Leela Roy came close to him in organising the Forward Bloc. On May 13, 1939, they were united in wedlock.

Matters moved fast. Leela Roy's area of operation extended far beyond the borders of Bengal. At the Forward Bloc conference at Nagpur in June 1940, she supported the main resolution with the inspiring slogan of "All Power to the Indian People."

The Roys were entrusted with the task of organising the Forward Bloc. On January 12, 1941 they met Subhas Babu at his Elgin Road residence and this was their last meeting. He insisted on their immediately going out of Bengal. One can guess the reason for this urgency when one remembers that he disappeared from his residence on the midnight of January 17. The letter that he issued in Leela's favour on the 12th has, thus, an historic significance.

But her days of freedom to organise the Forward Bloc were also numbered. On April 11, 1942 she was again detained without trial. While in jail, she and her friends were preparing for a desperate dash to escape. In the darkness of the night previous to the day of execution of their plan, they hoisted the National Tri-colour on the top of the jail building. Sentimentally it was a victory, but cost them dearly. The authorities were alerted and the jail was guarded by armed police for about a year. They could not effect their escape.

Though nominated by the Congress for the 1946 elections, she could not stand for it because of her detention. But she later became a member of the Constituent Assembly where her contribution was significant, and she was one of those whose joint effort it was that gave India a Republican constitution, an occasion which we celebrate today as its 30th anniversary.

About the same time came the communal holocaust in Calcutta on August 16, 1946, following the call for Direct Action by the Muslim League. During the period she rescued and sheltered Muslims and Hindus alike, many of them her co-workers in the political field.

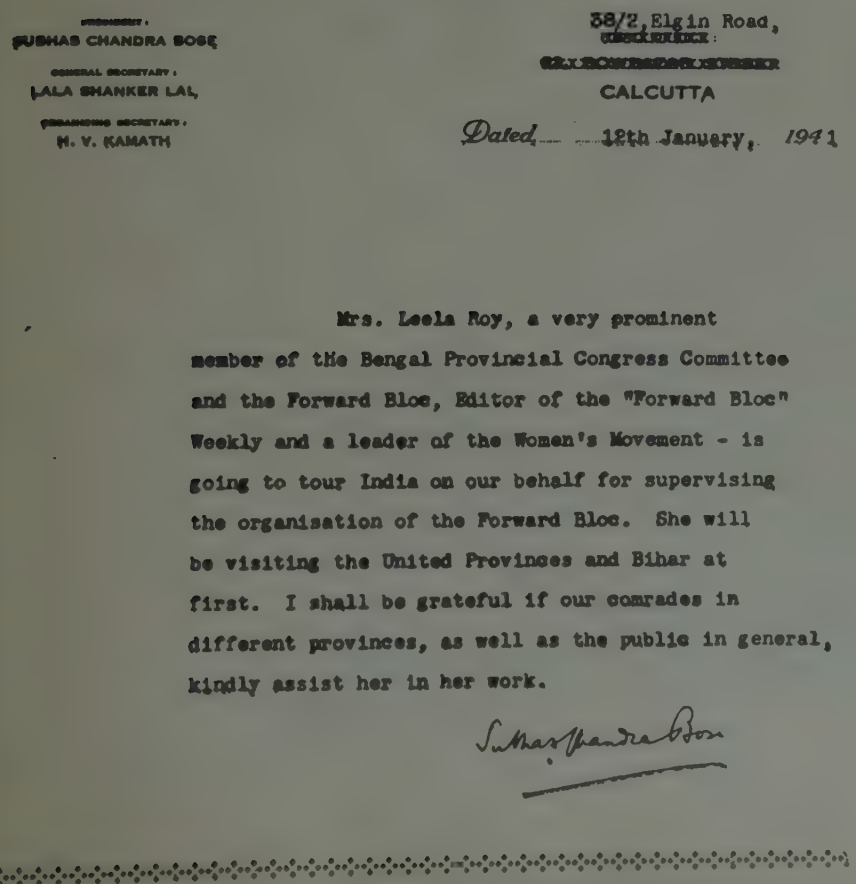
Quickly following came the communal carnage in Noakhali. Leela Roy, her husband, and a host of others joined Gandhiji in his noble mission of instilling some confidence in the minds of the victims. Leela Roy's open letter to the Governor of Bengal in this connection is an historic document, demonstrating the depth of her feelings.

In July 1952 Bengal started showing signs of scarcity. Leela Roy was one of the leaders of the Famine Resistance Committee which organised an anti-Government procession. She was at its head with a few friends when the police made a charge near the Governor's House. A lathi was coming down straight on her head when a young man from behind instantly intervened. Her head was saved, but she was taken prisoner. It was her second arrest in Independent India.

In December of the same year she was invited to a UNESCO seminar in Delhi on the status of women in South-East Asia. Her very original ideas impressed the audience and she was regarded as one of the outstanding women of the East. And just a year later she became a member of the Working Committee of the Praja Socialist Party.

There were many battles that this relentless revolutionary fought, social and political. On January 6, 1952, she lost her one time leader and comrade and now her husband. With its immediate effect overcome, she again plunged into action.

In 1953, she had her first attack of coronary thrombosis, followed by another attack in 1959. In 1963 it was retinal haemorrhage. And, finally, it was a recurrence of the cerebral attack in which the lifelong fighter lost the battle against death. Leela Roy was no more, but she will always be remembered as an architect of our country's freedom and its Republican constitution.



FORWARD BLOC
(OF THE INDIAN NATIONAL CONGRESS)

PRESIDENT:
SUBHAS CHANDRA BOSE

GENERAL SECRETARY:
LALA SHANKER LAL

ORGANISING SECRETARY:
H. V. KAMATH

38/2, Elgin Road,
CALCUTTA

Dated, 12th January, 1941

Mrs. Leela Roy, a very prominent member of the Bengal Provincial Congress Committee and the Forward Bloc, Editor of the "Forward Bloc" Weekly and a leader of the Women's Movement - is going to tour India on our behalf for supervising the organisation of the Forward Bloc. She will be visiting the United Provinces and Bihar at first. I shall be grateful if our comrades in different provinces, as well as the public in general, kindly assist her in her work.

Subhas Chandra Bose

Early Cancer Detection Test

An early cancer detection test developed by a University of Queensland researcher is achieving worldwide recognition.

It is not yet available as a routine pathological service, but is undergoing evaluation and further trial in more than 20 hospitals, universities and research institutes in Australia, the United States, Canada, Britain and Czechoslovakia.

The test was developed about five years ago by Dr. William Halliday, reader in immunology at the University of Queensland's Department of Microbiology, and work has since continued with the support mainly of the Queensland Cancer Fund.

The procedure is known as the leucocyte adherence inhibition (LAI) test. Dr. Halliday said it could be completed in a few hours, while other methods sometimes take several days.

In its basic form, white cells (leucocytes) from a blood sample are washed and mixed with an extract of tumour tissue of the suspected type.

If the patient did not have cancer, the cells would adhere readily to a solid object such as a glass slide. If the cells did not adhere well, it was interpreted as a positive result.

The procedure is a test, not a cure, but because it makes early diagnosis possible, it could greatly increase the success rate of established techniques to deal with the disease.

In May 1978 the National Cancer Institute of the United States held an international workshop in Buffalo, New York, on the Halliday (LAI) test.

"The demonstrations there did much to convince the sceptics," Dr. Halliday said.

He is now working on refinements of the test, hoping to make it more of a mechanical procedure, and continuing investigations into its reliability under all conditions.

Dr. Halliday said that continuing research suggested that the LAI test could have an important application in the wider field of immunology, the science which possibly offers the greatest hope of understanding cancer and eventually finding an effective treatment.

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be a Gala girl

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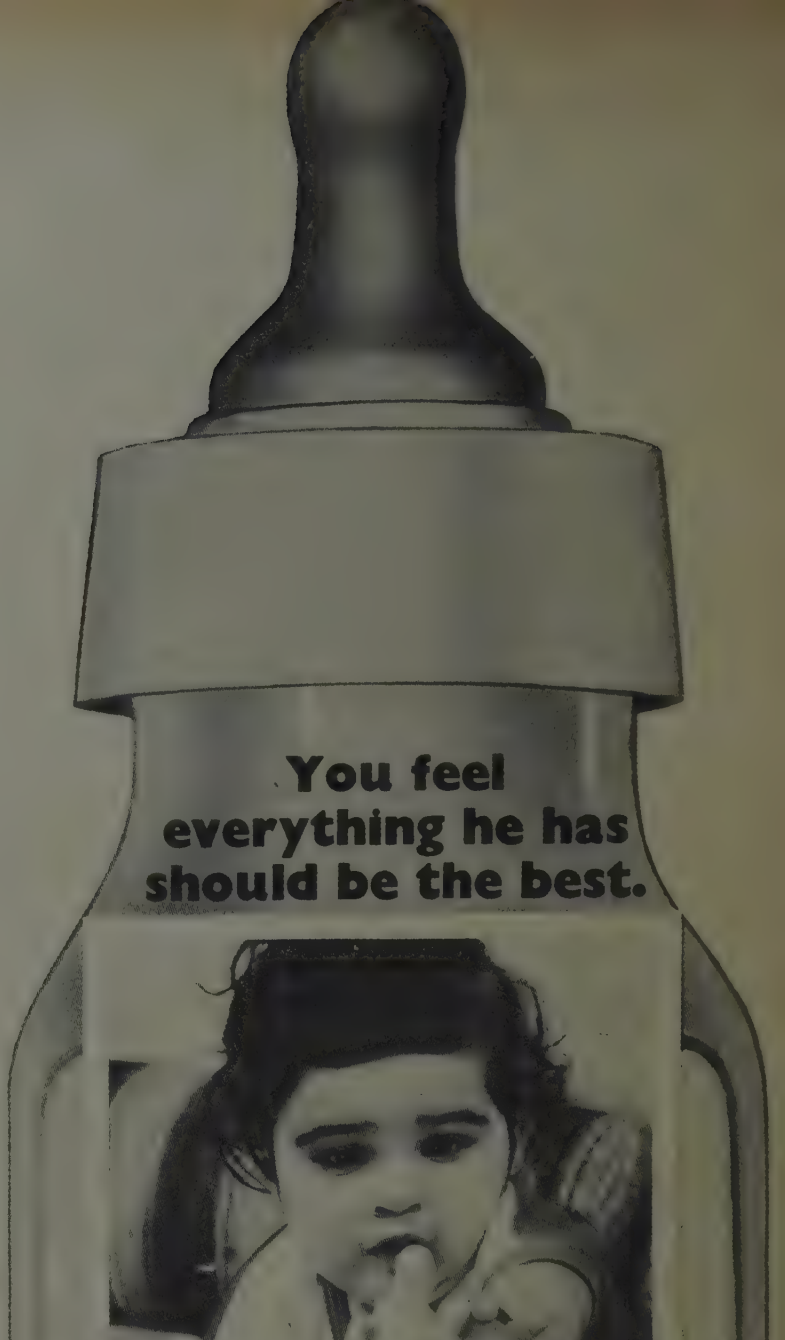

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YOUNG VIEWPOINT

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OF SATIN SNEAKERS AND VELVET JACKETS

What is the hottest thing in fashion today for women in the United States? One has to only look at the present generation, their ideas, movements and especially their music to get the answer. Yes, it's "Disco-Dressing" and after the hippish long hair, jeans-clad, pot-smoking seventies, one almost sighs with relief at this return to elegance.

Disco dancing, disco music and disco dressing is as characteristic of the 70's/80's as is "Star-Wars" and John Travolta. Clothes are an essential part of the whirling and twirling of the whole disco phenomenon that has hit the youth scene and it is no wonder then, that more and more fashion designers are basing all their fashions with the disco in mind. In fact discotheques have become parade grounds for fashion voyeurs.

The biggest emphasis is on ease and grace afforded by the dress. Something light and cool is a definite "yes". Even men are opting for gray or black blazers and flannels over the John Travolta three-piece suit look! For women too, comfort and ease of movement seems to be the key-note in dressing.

Accessories are definitely "in" and anything ranging from mufflers to big swirls of fabric and cow-boy belts are in vogue. Flimsy chiffon dresses or strapless tops are also right. Caps, disco bags, fans, combs and colourful ribbons are also emerging as regulars on the dance floor.

Make-up for a disco evening is also unique in its own way and the latest accessory is disco-lashes. They come in turquoise, purple, pink, silver and gold, and blend the wearer into the fantasy scene.

There is a new emphasis on shoes. Sexy sandals and cowboy boots or vividly coloured satin sneakers seem to be the rule. As for the hands and body the new body-glitter cream is an exciting addition to the whole scene. Nails are coloured in diamond, gold or silver tinted nail polish.

As far as hair goes — perms, kinks and curls are the latest. Braids are also popular along with glittery rubber bands.

If you want to achieve the disco look, here are a few hints on how to create one and believe it or not, all it needs is a little imagination.

Take strands of coloured ribbons and draw in your flared-bottom pants at the heels. Wear ankle chains, or pin a fresh flower to the sock with a huge pin.

Sling a mini-bag, or attach a small change purse to a colourful ribbon and sling it across your chest.

Wear a sheer chiffon blouse over a pair of leotards.

Sling a glittery 'dupatta' over your neck.

Pile up hair or braid it and pin it up with lots of colourful bands.

Wear large loopy ear rings.

Tie a chiffon piece around your right wrist.

Wear a real flower in your hair.

Finish off by wearing a velvet jacket one size larger, over the whole ensemble.

Outline eyes with heavy kohl and use a lot of lip gloss.

Dust brown or amber eye-shadow on the eyelids.

Brush eye lashes with castor oil and pat silver tinted mascara.

Hum a tune, tap your spiked heels and twirl around — Presto, you have made the disco scene!

Nandini Anand
New York

FASHION TRENDS HERE AND THERE

JEAN-AGERS

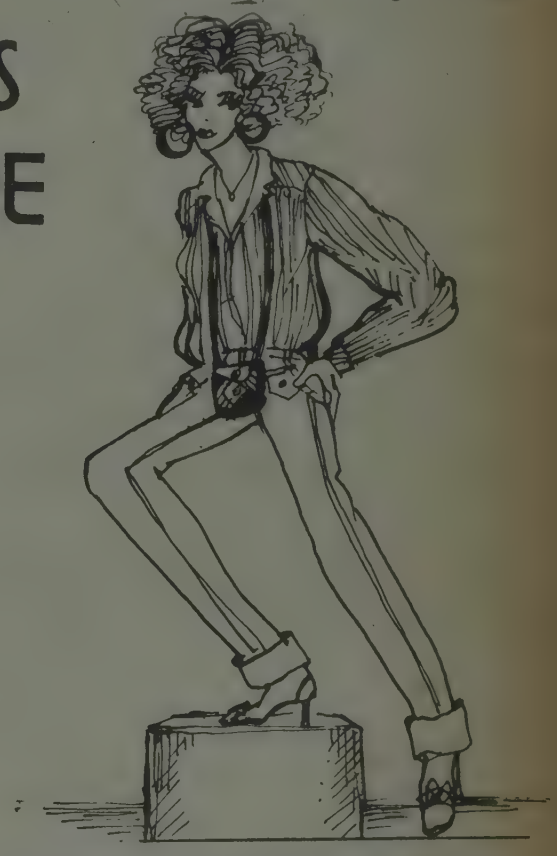
The craze for wearing jeans may have originated in America, but it has now become an obsession with most (if not all) college-going youngsters in every part of the world. In fact, in Delhi, jeans are referred to as the "unofficial uniform of the campus." Be it any occasion (save a wedding), jeans are considered the "right" thing to wear. For picnics and college lectures one can wear the faded and old ones, keeping the "dressier" ones for parties and discos.

It is not just the blue denim fad. Corduroy and velvet jeans are equally, if not more, popular. They come in all colours and designs with differing patches, pockets and buttons. It is not enough to own one. One should have at least six pairs. Besides being in fashion, they have a lot of practical advantages too; they are durable, extremely comfortable, suitable for rough wear, easily washable. . . These days with the flares getting narrower and the jeans tighter, they are meant to fit one like a second skin. The accompaniments are loose shirts, blousons, bulky sweaters, and of course, for girls, stiletto heels are a must!

There is a snob value attached to the possession of jeans too. Indian ones are looked down upon. For today's fashion conscious youngsters, for whom clothes maketh man a person is accepted if he/she wears the latest, imported jeans,

In Delhi however, most of the college students of both sexes are afflicted with an almost incurable disease, namely "jean-sitis". With their never-dying penchant for jeans, it is felt that they can be worn everywhere.

A debatable point is till what age group is one allowed to wear jeans or in other words, when does one out-grow them?



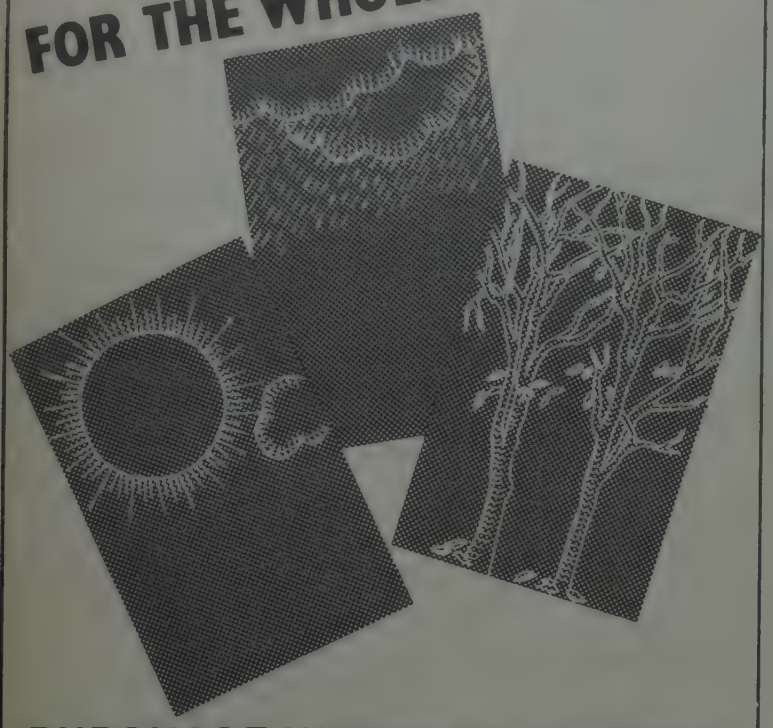
Of course the "jeanagers" of today confidently state that they will wear jeans "always", but that is far from the truth. Come old age or obesity or both together — and that's it! One can wear them as long as one feels young, maintains a good figure and wears them with confidence and a certain elan.

However, the crux of the matter is how long the jeans mania will last and is it on its last legs or at its peak or is it here to stay, increasing, not diminishing as the years fly by? In Delhi so far it's jeans, jeans, jeans all the way. Pleated trousers, midis, pathan suits etc. may be popular, but it still looks as if the jeans craze is here for ever. The question — after jeans what? — remains unanswerable.

From cowboys to college girls and boys, jeans have sure come a long way. Long, long ago, Cowper aptly stated, "While the world lasts, fashion will continue to lead it by the nose." Little did he realise that as long as the jeans' craze lasts, it will continue to lead fashion itself by the nose!

Ritu
Delhi

FOR THE WHOLE YEAR



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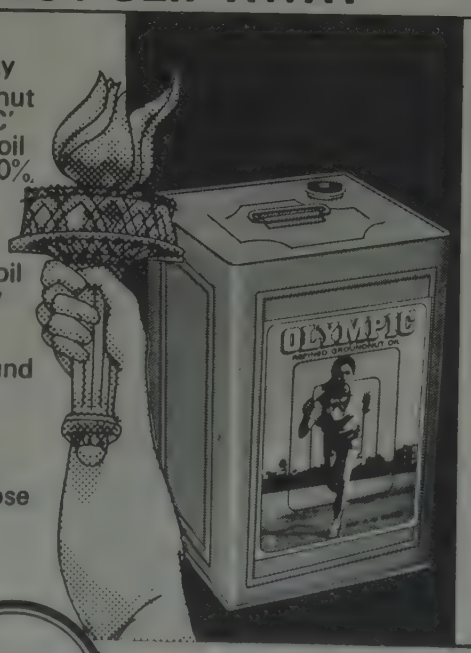

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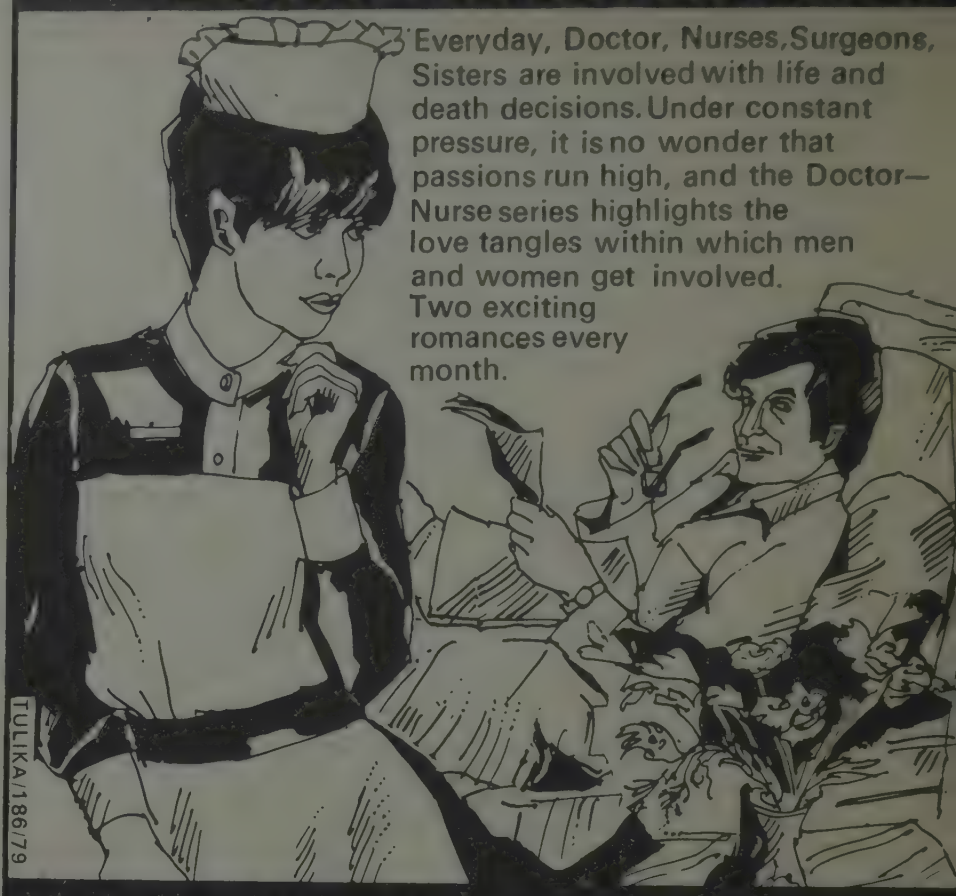

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WOMEN IN FOCUS

ALARMEL VALLI

DANCING ROUND THE GLOBE

A graduate of Madras University and an accomplished exponent of Bharata Natya and Odissi, Alarmel Valli (22) has triumphantly landed back in India after her tenth cultural mission abroad, visiting Europe and the United State of America on invitation. She happens to be the first artiste to present this classical art at the prestigious Bolshoi Theatre during the 1977 Moscow festival to celebrate the sixtieth year of the Russian Revolution and thirtieth year of Indian independence.

When asked about her experiences abroad on this latest trip, Valli glows with satisfaction, dwelling on the impact of our art on foreign crowds. Though totally alien to our culture and unaware of our customs and traditions, there was not a single gathering that was not absolutely spellbound.

At Rome, where Valli was the first Indian dancer to be presented by the Academy Filarmonica, the august cultural body of Italy, crowds flocked to the Theatre Olympico each day expressing their delight with thunderous ovations.

Bharata Natya has taken a remarkable hold over Italians and a good many came from Rome to Florence to attend the programmes. "It had been my habit to throw a coin in the Trevi Fountain wishing that I should be back in the Eternal City again. But on this occasion, I did not have to wish as the Filarmonica had invited me to perform again for their very next season," says Valli.

France, particularly Paris, can boast of quite a few organisations that foster traditional Indian art. Valli's first appearance in Paris was in 1973 when she performed at the Sarah Bernhardt Theatre De Laville at an international festival, where she was hailed as "a veritable enchantment."

In Amsterdam, the Royal Tropical Institute organised an entire day of music and dance with Hariprasad Chaurasia, the famous flautist, Sivakumar Sarma, the equally renowned santur expert, and Valli. Before the recitals, a film on India was screened, the highlight of which was a dance by Valli in the rock temples of Mahabalipuram. Recitals were also held at the Hague and Tilburg. In Znolle a collection of 10,000 guilders (Rs.40,000) was donated to the Leprosy Mission at Dutchipalli in Andhra Pradesh.

After 13 recitals in 26 days, Valli left for the United States. The Hindu Temple Society had organised a series of shows for raising funds. Though she was told that Indian arts would not be as warmly received here as in Europe, the very first recital in Washington was to a full house!

San Diego honoured Valli with a civic reception. Her performance was watched by celebrities, among them, Sir Jonas Salk and his wife, Francois Gilot, a famous artist.

In Canada, the Musee Des Beaux Arts, Traditions Musicales Due Monde and the Bharateeya Sangeetha Sangam jointly arranged a recital at Montreal which was the grand finale to Valli's tour of 34 concerts in all. Earlier she had performed in Toronto and Ottawa.

When I met this great star of Indian classical dance, she was already busy working out the details of her next trip — to Israel and Europe. When asked about her future, she could only say, "Wait and see."

S. N. Narayanan

A CITIZEN'S MANIFESTO FOR THE NEW GOVERNMENT

Continued from page 15

12) Let us eschew slogan-mongering and ideology-ranting altogether. Frankly speaking, who cares whether a university is called Marathwada or Dr. Ambedkar University? Who cares whether a street is called Warden Road or Bhulabhai Desai Road? What we do resent is that our corporators spend more time in discussing useless things like changing names and working up an emotional frenzy in the gullible masses than in worrying about the equitable distribution of clean, pollution free drinking water. Pressure groups at the local level must demand a weekly audience with the corporator they have elected to find out whether he is wasting his time or bettering the lot of his constituency.

13) We have to fight communalism at the grassroots level. Every minority school (90 per cent of which owe their existence to government aid) should be forced to teach secular precepts to the children. If a common book of ethics is used, gleaning the best from all religions, instead of hammering home the "goodness" of only a particular religion, the children of the future generation, will grow up to be less prejudiced adults. Similarly, do schools in Afghanistan, Italy, France and Pakistan teach their children about great Indian saints or leaders? Why don't we teach our children about the magnificent work done by Rajnikant and Mabelle Arole, or Mother Teresa or Pandita Ramabai, instead of talking about Father Damien? Why don't we tell them about Swami Dayanand Saraswathi, Swami Vivekananda and Maharshi Karve to realise what opposition they had to face before they could bring about social reforms in an obscurantist society? In a secular state, religion as religion is a private matter and should be taught by the parents at home.

Politicians since Independence have cared two hoots for planning that will help us in the years to come. India today imports large amounts of edible oil, when in 1961, we were actually exporting it. Several economists had publicly warned the government about the oil famine as far back as in 1954, but it fell on deaf ears. Our matchwood is nearly exhausted, and a match tree takes 20 years to grow. This was also pointed out to the government several years ago.

An eminent educationist confessed to me the other day that they are making plans only on a day-to-day basis and no Minister is interested in long-term plans for the furthering of education in India. As one industrialist told me, a leading Cabinet Minister said to him : "Don't come to me with long-term projects of 15 and 20 years. Give me something that will show results in two years so that I can please my constituency."

Let us, the educated elite ask ourselves this question : The average politician is there only for personal gain on a short-term basis. In the next 20 years, our forests will be denuded, our educational programmes will be backward, our food will be imported, there won't be enough employment with the galloping birth rate. There won't be a place in the sun for any of us. Faced with famine and impending food riots, the wily politicians, to save their own skins, will try to divert the mass's attention from pressing economic problems to hatred and war towards our neighbours and in inciting communal riots. Should we the educated, allow ourselves to be thus manipulated or should we help in reconstructing this great country? The answer lies within each and every one of us. But the first, and most important start is, we must shed our apathy and begin to develop a conscience. Since fanaticism is the rule of the day, let us become "fanatical" about preserving the democracy and secularism of this country, instead of being "soft liberals" bemoaning the state of affairs in the safe sanctum of our drawing rooms.

WOMEN IN SPORT

Our sportswomen need and deserve more attention and encouragement than they get. We do our bit on this page.

NATIONAL CHAMP AGAIN

She was edged out by a single solitary point in the 1977-78 Nationals at Goa in a cliff-hanger of a women's singles final. The memory of that vital final point seemed to prey on her mind as she lost the subsequent year's final in a similar fashion. But frail **Ami Ghia** of Bombay and the Railways was determined that it should not happen a third time.

Jamshedpur saw the skinny 25-year-old girl recapture the national ladies singles badminton crown that she had held four times in the past. This time, her arch-rival, **Kanwal Thakur Singh,** who had dethroned her at Goa, was absent, indisposed. The Chandigarh girl, who could have made it three-in-a-row, has been keeping indifferent health right through this season, and sent a message to the organisers at the last moment, opting out of the 1979-80 Nationals.

Kanwal had won at 12-11 in the third game at Goa. She had repeated the victory in last year's final at Udaipur, though she won in straight games this time. The well-built bespectacled Punjab girl had, meanwhile, teamed up with her main opponent on the Indian scene, to capture the bronze medal in the doubles event at the Commonwealth Games at Edmonton, Canada, in mid-1978. But the fates seemed to conspire against her right through the season this year. If it was not back trouble, it was influenza. Some ailment or the other prevented her from giving her best in the first two of the series of fine internationals held in India recently. She gave up the thing as a bad joke for the last three, and stayed at home.

Against this background, Kanwal would not have been the favourite for the title in any case. Ami, stronger this year than in the previous two, was also determined that the country's No. 1 position should not elude her. Her court craft, always her best weapon, helped her get the better of her most difficult rival in Kanwal's absence, the up-and-coming **Ameeta Kulkarni** of Bombay, in the semi-finals.

Quite a few critics expected better things of Ameeta. The tall, well-built school girl has been making her presence felt on the national scene for all of two years now. In the recent internationals, she had the distinction of being the only Indian woman player to topple an Indonesian, when she beat **Novianti** in three games in the Bombay international. But the 18-year-old lacked the cool temperament and the experience of Ami, who has donned India's colours now for almost a decade.

Once Ami was through to the final, few expected her to lose. But strangely, she fell into errors after thrashing the tremendously improved Bombay collegian, **Hufrish Nariman** in the first game. She was down game-point in the second, before she steadied herself to reel off five points in a row and gain the crown. The steady Hufrish in her first national final, seemed overawed in the first game, but fought lion-heartedly in the next to bring out the best in the national champion.

The performances having been considered for India's team for the All-England Championships in March, Ami, Ameeta and Hufrish were automatic choices. The fourth place was filled up by **Vandana Chiplunkar** of Madhya Pradesh in circumstances which were rather fortuitous for help. She was in the quarter vacated by Kanwal, and encountered no seeded player until she ran into Hufrish in the semi-finals. She gave a fair account of herself, garnering six and five points from the Universities player, and literally wriggled her way into the Indian team.

On form, I daresay the Bombay 15-year-old **Radhika Bose** would have beaten Vandana comfortably. But the schoolgirl put studies above games, and stayed back in Bombay for her examinations. Had this tall junior been present at Jamshedpur, there is little doubt that with the right kind of draw, she would have been a semi-finalist.

Excellent performances were recorded by Bombay's **Sujata Jain,** making a comeback after a couple of years in the wilderness, and by **Maureen Mathias-D'souza** in the doubles. The bespectacled Sujata, at one time Ami's partner in that national in which they first made their mark (1971-72 at Madras), has always been handicapped by a poor backhand and inconsistency, though she probably trains the hardest of the lot. In the Railways-Maharashtra clash in the team finals, Sujata did not even essay a whimper as she went down at 0-11, 1-11 to Ami. But in the individual event, she was a player transformed. Hitting strongly on the forehand, she had Ami in trouble; and took the match to the decider before the national champion asserted herself.

Maureen, after a year off for a baby, was back in the event at which she excels — the paired contests. A former ladies doubles champion with Ami as partner, Maureen once again teamed up with her Railway colleague to lift the doubles title. She is also a formidable mixed doubles player, having bagged the national crown with **Asif Parpia** in the past; but she did not enter the event this year, which was a pity.

A fresh face to show up was that of **Sindhu Sreedharan** of Kerala. Short of stature, but built well for badminton, she displayed good temperament and court coverage when laying low the 1978 junior national champion **Manik Kelkar,** who is now **Mrs. Paranjape.** Sindhu met her Waterloo at the hands of the powerful Ameeta, but we should be seeing more of her at the national level soon.

Madhumita Goswami, who showed so much promise, continued on her wayward ways. Her play oscillated between the sublime and the ridiculous, so inconsistent was she. She played a near-flawless first game against Hufrish, to win it at 11-3, but then

AMI GHIA

LEFT: Ami Ghia (left) seen "tossing" for service. She regained the national singles title after a lapse of two years.

capitulated at 2-11, 3-11 in the next two with a string of unforced errors. At this rate, it will not be long before she fades out from the national scene.

The Inter-University Gymnastics at Vallabh Vidyanagar, Gujarat, saw the northern states dominate almost to the exclusion of the other zones. Had it not been for petite **Savita Joshi** of Pune, the girls from Guru Nanak and Kurukshetra would have swept the board. The graceful Savita ran the first two in the overall championship so close

played extremely steady golf to win the Willingdon Salver in Bombay over 36 holes, carding 145. **Pushpa Bhatia** was second three strokes behind the winner. Mrs. Philip has a nice, easy swing for the drive, and is as good at putting as any of the Indian men amateurs.

International master **Jayshree Khadilkar** was cut down to size in the Fifth Bhilwara Invitation Chess Championships. The middle of the Khadilkar sisters, who returned recently from Rio de Janeiro where she had participated in the world zonal tournament, found her form not good enough to take even half a point from national champion **Raja Ravisekhar,** or from former champ, **Nasir Ali** of U.P. She finished way down the table, and will have to pull up her socks quite a bit if she hopes to make a mark in unisex chess in India.

The 25th National School Games in Delhi saw the hefty Punjab schoolgirl **Pushpa** break the 30-metre barrier in the discus throw with a powerful heave. She also broke the shot put record, to be the only athlete to record a record-breaking double.

Deepak Kanagaraj had the distinction of being the only female participant in the National Cadet Class (Sailing) Championships held in the Bombay harbour. In the afternoon race on the second day of the championships, she battled the flood tide and took advantage of light winds to come in third behind **Zahir Karanjia** and **Jiji Unwalla.** She touched the shore just seconds behind the winner — an encouraging performance.

It is terribly sad that the international Women's Hockey Festival, scheduled to have been held in Bombay in late December, had to be cancelled because of the elections. It would have been interesting to watch the Indian girls' performances against teams like Japan, USSR, Pakistan and Bangladesh. Efforts were made to postpone the tournament instead of cancelling it, but the foreign teams expressed their inability to make it on any other dates. Apparently, with Indian hockey losing its flavour and getting a drubbing at Karachi in the Champions' Cup, no team is really interested in playing in this country!

However, soccer fans will get a chance of seeing some teams abroad battle it out for the Asian Women's Cup football, which will be just about concluding as this issue hits the news-stands. Hong Kong, Australia, Malaysia, Thailand, Singapore and Taiwan had confirmed their entries by the time this went to press; and Sri Lanka, Burma, Hawaii and Canada were also expected to participate. India will thus face a strong challenge, and will find themselves hard put to it to prevent one of the foreign teams from taking home the Asian Cup.

ABOVE : Ameeta Kulkarni, a junior full of promise for the future.

RIGHT : Madhumita Goswami (Bengal), talented but wayward.

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that less than a full point separated her from the first placed **Hardip** of Guru Nanak (56.20) points and the second-placed **Sandhya** of Kurukshetra (55.90). Savita aggregated 55.70, managing seconds and thirds in almost all the events.

Hardip was spectacular on the uneven bars, while Sandhya excelled on the balancing beams so much that the crowds yelled themselves hoarse for an encore after she had gone through her routine! The over-all championship was won by Guru Nanak, who bagged the honour among the men as well. Kurukshetra were second, 21 points behind, with 200.95.

With plenty of sporting activity on the national scene as far as the men went, Indian girls were a little somnolent during December. There were sporadic bursts of sporting triumps worth the note, prominent among which was the annexing of the Western India squash championships by the thrice-national champion Bhuvaneshwari Kumari. The pretty Delhi collegian beat her customary rival, **Honey Sharman** of Jaipur in three facile games to confirm her rating as the country's best woman squash player.

Sarah Philip is a golfer who can well represent India with distinction abroad. She

INTERNATIONAL SPORTSWOMAN OF THE MONTH

There were no outstanding international performances in December 1979; hence, one sees no candidate for the award for the month.

Text and pix by **Shirish Nadkarni**

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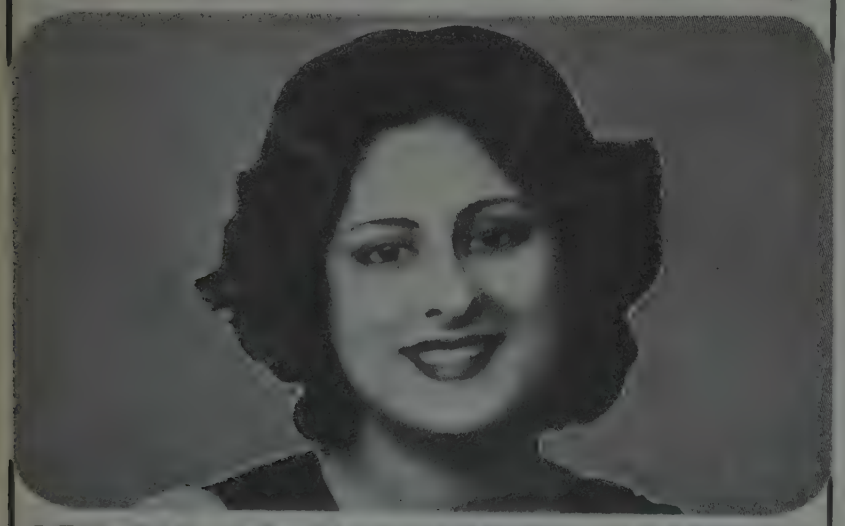

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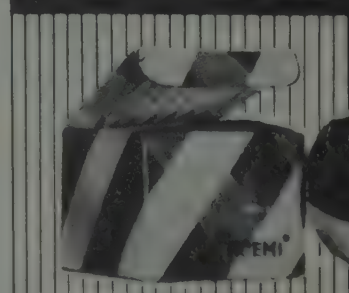

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When you give an order which is a reasonable one, see that it is carried out within ten minutes. Otherwise, be strict and insist.

Don't give a child money **every** time you are asked. Skip giving it twice or thrice with a very deliberate "no."

Fix a home-returning hour and stick to it. For extensions special permission should be sought.

If you find your son/daughter mixing around with unsavoury company, say so in no uncertain terms and ban the people concerned from coming to the house. Your child may meet them outside, but that you can't help.

Restrict picture-going. Every two days is too much.

Stamp out bad language except "teenage jargon." No kid will respect you if you allow him to talk like a drain inspector.

THE TREATMENT KIDS RESPECT

See that they treat elders with respect in your presence. Disrespect should be put down with a firm hand.

If your child is going to be out late unexpectedly, have him phone in. If you have no phone, have him phone a neighbour to tell you.

Studies. There's nothing like fixed hours to be observed without excuses.

Parties. If you allow one in the house, cater to it and then keep out of sight. Parents in the eyes of their children are "squares" — no matter how much they love them.

Never open letters addressed to your children. Neither morality nor the law gives you the right to do this.

Never insist on reading letters your children write.

If you find your child forming a romantic attachment, and you approve of the other party, don't interfere. Invite the other party in, often.

Stamp out "gossip." Teach your child to respect the value of a "live-and-let-live" outlook.

Never censure your children harshly in front of others. Wait for a private moment.

George T. Fegradoe

FRANKLY SPEAKING

Devi

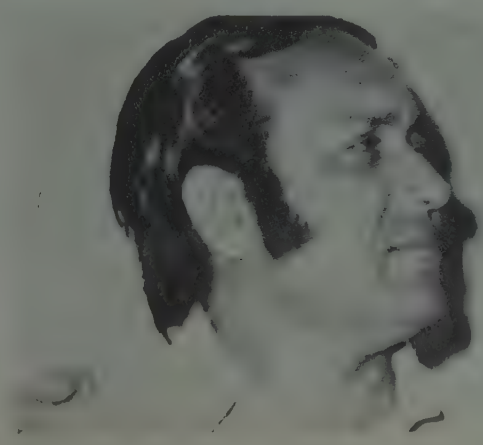
FEAR IN FILMLAND

"I have nothing to gain from the Janata party or these leaders who are sitting on the dais. I am in top position in my career." This used to be the opening lines of Shatrughan Sinha's bhashans, and now filmdom is worried about his future, since Amitabh will be approached for every film by producers. All the film folks who backed the wrong horse are scared. They should not be; they should learn to treat politics as a chess board or horse racing, where people treat gains and losses as a part of good living. The film scene at the time they went to the polls was Sunil Dutt-Nargis campaigning for Congress (I), Dilip Kumar for Congress (U), Shatru, Dev, Goldie, Prakash Mehra, etc. for the National Party, dissolved into Janata.

Rajesh Khanna, reported "out of Bombay" at the National Party meeting was in Centaur hotel that very evening with Mrs. Gandhi. So they say. After flirting with the National Party, he for once backed the right horse. But he flunked out of all public appearances (stage fright). Manoj was not here, nor there, and yet he was everywhere.

And so it was a gamble, and great excitement in the new year. But filmdom is predicting doom for Shatru and boom for Amitabh and a "not so frank" Frankly Speaking and that is because people do not understand power, success and their chemistry. The only relationship that has survived centures is that of Sikander-Porus, Aurangzeb-Shivaji, Akbar-Rana Pratap, and of course Amitabh and the film press. In fact, it is four years now, and both are flourishing and totally aware of each other.

I feel Shatru is an asset to any political party. The 4000-vote edge that Atal Behari Vajpai got over Stephen, I feel, is due to Shatru's Ram Lila ground speech. A man of the masses, if he can draw them to the theatre, why not to the meeting? And if I. S. Johar (whichever party he was) could get 900 fools to vote for him, why not Shatru?



Poor Shatru, he had begun his political campaign by saying, "I am an ardent fan of Indira Gandhi," and the Janata workers had booed him out. One is always a fan of valour and himmat but not of chamchas. That reminds me; Why is Raj Grover of Sunil Dutt camp carrying a copy of his photo with Indira in his file of "Taaqat"? I tell you no people like film people. They are pulling out their photos with the P.M. and have ordered fresh frames for them.

BOMBAY

Kiki Mehta, Sabiha Kabir and Anuradha Awatramani of Madame Mademoiselle will hold an exhibition and sale of their latest outfits, children's garments, sarees, handbags and semi precious jewellery at Aakar Art Gallery on January 24, 25, 1980.

* * *

The President and the members of the managing committee of the Mandsaur Saving and Credit Society held a Child Care Exhibition and Healthy Baby competition at Najam Baug, Dongri. Lion Ashok Mehta, Dist. Governor, Lions Club, inaugurated the exhibition and presided over the function. Mrs. S. Mukhi, Director of Population Education in IFPA and Mr. J. Jagtiani, Director, Food & Nutrition Dept. Govt. of India, were the chief guests. Film star Asha Parekh distributed the prizes.

* * *

To culminate the International Year of the Child, Air India published a book of stories for children entitled, "Magic Carpet Tales". It was distributed to all the children on Air India's flights on December 31, 1979. The book which is edited by J. R. Martin and Naosherwan Nalavala is illustrated by R. K. Laxman.

* * *

Hotel Oberoi Towers will introduce to Bombay another famous international singing talent, Pamela Knowles, from January 18 to 26. Pamela's singing experience abroad includes engagements in London as well as a seven week tour of Portugal, two Carribean cruises Bermuda, the Channel Island of Jersey and Dublin, Ireland. She also appeared for a year in the Off-Broadway musical production of "El Grande de Coco Cola" at the Plaza in New York.

* * *

PEOPLE AND EVENTS

The New Activity School held a Child Welfare exhibition in recognition of the International Year of the Child.

Different types of teaching aids, arts and handicrafts of junior school students and charts depicting the children of the world were on display. Baby pictures along with unusual comments by the babies were also exhibited.

Henna Sabzaali, a deaf student of the school, cut the traditional ribbon and Delna Golwalla explained the lay-out of the exhibition to the audience.

* * *

Destitute children from various institutions in the city, some from municipal schools, and others from zopadpattis, had a sunny patch in their lives with a programme devised for their entertainment recently. Almost 1000 children in three batches enjoyed films, a puppet show, games, and refreshments before going home, with a gift. Free transport was arranged for the children who came from Chembur, Andheri, Dadar and Byculla.

The Children's Festival was organised by Glaxo Laboratories (India) Limited at the Antonio da Silva High School, Dadar. A series of programmes for children was organised by Glazo during the IYC. The Company will

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1. Smart Arts, a cultural organisation, felicitated the Pakistani cricketers at the Radio Club in Bombay. Mrs. Indu Asher, one of the organisers, is seen with (from left) Mr. Rasikbhai Vakil, Mr. Arvind Asher and Mr. Taslim Arif.

2. At the inauguration of the Christmas Bazaar held at the Oberoi Towers in aid of charitable institutions, Mr. A. Siddiqi, General Manager, cuts the ribbon.

3. Sheelu Thadani, Prabha Kanetkar, (standing) and (seated from left), Shaila Mahajan, Leena Mayadas and Rita Chocksi from Bombay represented India in the Far Eastern Bridge Championships held in Tokyo recently.

4. Mrs. Sara De Mello (centre) Principal, Green Lawns School, Bombay, inaugurated an exhibition and sale of readymade garments at Cymroza Art Gallery held by Mrs. Julia Coelho (right) of Shasha boutique. Also seen is Mrs. Kala Desai.

tensify its projects for children articularly in matters of health nd health education in conunction with the National Plan r Action drawn up by the overnment of India for the ext two decades, 1979-99.

DELHI

One of the prestigious attracons at the India International rade Fair, held at Pragati Maian was the multi-media ashion Show on the Texles of India presented by e Trade Fair authority. The ow titled "India the Magnifient Obsession" was produced SWANK India and highlighted e timeless trade potential of dian textiles. The Modi Fashion ow was another big attraction the Trade Fair.

CALCUTTA

An eighteen-member troupe from the Puppet theatre of Berlin presented a puppet show at the Rabindra Sadan. The show was co-sponsored by the Indian Council for Cultural Relations and the Information and Cultural Affairs Department, Government of West Bengal. The two items in the show were "Cinderella" and the "Brave Little Tailor", both eternal favourites from Grimms' Fairy Tales. This theatre, the oldest of its kind in the German Democratic Republic, has puppets with a special 'plastic' face which gives a lot of mobility of expression. The show was rich in action and made a favourable impact on both adults and children.

* * *

A colourful rally of the Bharat Scouts and Guides of West Bengal was held at Raj Bhavan on the occasion of the International Year of the Child. About 1,500 children including handicapped children from rural areas, took part in the games, drill, tableau, and folk dances. The Governor of West Bengal inaugurated the show.

HYDERABAD

A week-long exhibition on health and education was inaugurated at the Holy Mary School by Dr. Y. R. Reddy, Superintendent of the Niloufer Hospital. A small playlet called "Child to Child" was acted by tiny tots. The Director of School Education, Mr. Adinarayana presided, and the Principal, Sister Dionysius welcomed the guests.

BANGALORE

The Bangalore branch of the National Council of Women in India presented "Repertoire", a colourful fashion show at the Ravindra Kalakshetra, in aid of their rural welfare projects at Siddapura. Mataji Indira Devi, who inaugurated the programme, announced a handsome donation to the village school building fund. Mr. J. Alexander, Commissioner of Bangalore Corporation, presided. Mrs. Polly Aiyappa, President of the Council, welcomed the gathering. Mrs. Shanta Pillai, Secretary, proposed the vote of thanks.

The Fashion show was presented age-wise in four categories: the patter of little feet; the impossible years; the magic of youth, and growing old gracefully.

6

At a cultural programme organised by the Sri arayana Samathi in Bangalore, Mrs. Vimala Kothari, ife of the Lion President of City Lions Club, gards Mrs. Shantha Banu.

At the fourth anniversary celebrations of the adras Voluntary Blood Bank, are seen (from left) rs. Meena Muthiah, Chairman, Mrs. Sarojini Varappan, Mr. G. R. Damodaran, Vice-Chancellor, adras University, and Dr. S. Gnanadesikan, Vicehairman and Director of Medical Education, Madras

Mrs. Satyavani Muthu, Former Minister for Soal Welfare (3rd from right) is seen with members the All India Women's Conference at a getgether in Delhi.

7

THIS WEEK FOR YOU

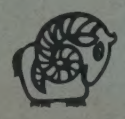
FOR THE WEEK JAN. 27 — FEB. 2, 1980

John Naylor

IF IT'S YOUR BIRTHDAY THIS WEEK :

Most areas of activity come under favourable stars during the coming year, but there is much emphasis on money matters. If you have not changed residence recently, you may do so, and it will bring in its wake a rise in living standards, probably. People will be willing to do you favours; don't hesitate to approach people in high positions. Make the most of friendly contacts. Get around, as active as possible; it is not a year for sticking in a rut. If your work is fairly static, make sure you have a lively social scene. If single, a romance may develop.

ARIES



(Mar 22 — Apr 20)

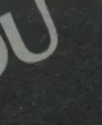
This week meet new people, consider future plans. Lucky stars will bring fresh opportunities to progress, careerwise. You may get hint of a new opening, and any shift around in personnel is certain to work in your favour.

TAURUS

(Apr 21 — May 21)

The accent is on the lighter side of life. In romance, a change for the better — or a present relationship taken a stage further. A busy social scene for all. If a parent, involvement with youngsters will be rewarding.

GEMINI



(May 22 — June 21)

Set your sights high. As 1980 progresses, your prospects improve. Career and domestic plans will get a pleasing boost. A promise of romance, if single, with some interesting meetings, some with people of different background to yourself.

CANCER

(June 22 — July 23)

Adapt to new ideas, something potentially profitable will come your way. There is good fortune in travel, new meetings, changes and group activities. A good time for correspondence, applications and inquiries.

LEO

(July 24 — Aug 23)

You are a generous person, but don't expect to be appreciated just now. People will demand a lot but won't give much in return. Your stars are restless and bring uncertainty in several areas of activity. However, a temporary phase; things are really very bright!

VIRGO

(Aug 24 — Sept 23)

Life is generally lucky for you over a lengthy period; improved status and prospects are on the way during the next few months. However, opposition transits to your sign between now and mid-April bring some minor challenges. Avoid misunderstandings.

LIBRA

(Sept 24 — Oct 23)

Planets favour a fillip to your personality and love life. A lively social scene brings happy new meetings, parties and outings, with pleasure travel planned for later on. A good week for asking favours, for reviving an old ambition.

SCORPIO

(Oct 24 — Nov 22)

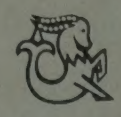
You may have news of an old love or some reminder. If looking back into the past, do it in a positive way like remembering where you went wrong or got sidetracked! However, forget what is over and done with; look to the future.

SAGITTARIUS

(Nov 23 — Dec 22)

Changes in home or working life, or both, will benefit you, improve condition. This week, you'll be running around more than usual, but trips, visits and meetings will be profitable. An application may get good response.

CAPRICORN



(Dec 23 — Jan 20)

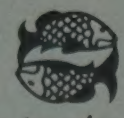
Several planets favour you, aiding most aspects of your activities. Go after what you want this week and tie up present trivialities. Gather facts and figure, do your groundwork and your costing thoroughly.

AQUARIUS

(Jan 21 — Feb 19)

You have had your problems in the recent past; your ambitions — or hopes — have been frustrated. You now have a clear run to success if you get your ideas into shape and are positive in your attempts. Make the most of friendships.

PISCES



(Feb 20 — Mar 21)

Tensions ease this week, take time to relax. Social life will be fun; friendships will be rewarding and you could possibly unload one or two tiresome responsibilities. If you can, streamline routine at home and at work; life gets busy again soon.

I would give up all my fame and all my art if there were one woman who cared whether or not I came home late to dinner.

Ivan Turgenev

After many years of observing people, I am convinced that loneliness is 90 per cent self-pity. The victim shuts himself in, others out. Everybody avoids him, for nobody loves a self-pitier.

A Psychologist

Basically there are three kinds of loneliness: that which we create for ourselves; that which is created for us by circumstances beyond our control; and that which is part of life, common to everyone.

Clarence Hall

THE THINGS THEY SAY ABOUT LONELINESS

One thing wrong with our modern world is that too many people are leading lonely lives. True, living in cities and large towns, they are always moving among crowds. But you can be desperately lonely in a crowd. What most men and women need, in order to feel that they are living a full life, is to feel a definite relation between themselves and the community.

J. B. Priestley

Our language has wisely sensed the two sides of man's being alone. It has created the word "loneliness" to express the pain of being alone. And it has created the word "solitude" to express the glory of being alone.

Paul Tillich

Loneliness — whatever kind and however caused — can be coped with. The "how" is up to us.

Clarence Hall

Pray that your loneliness may spur you into finding something to live for, great enough to die for.

Dag Hammarskjold

David Gunston

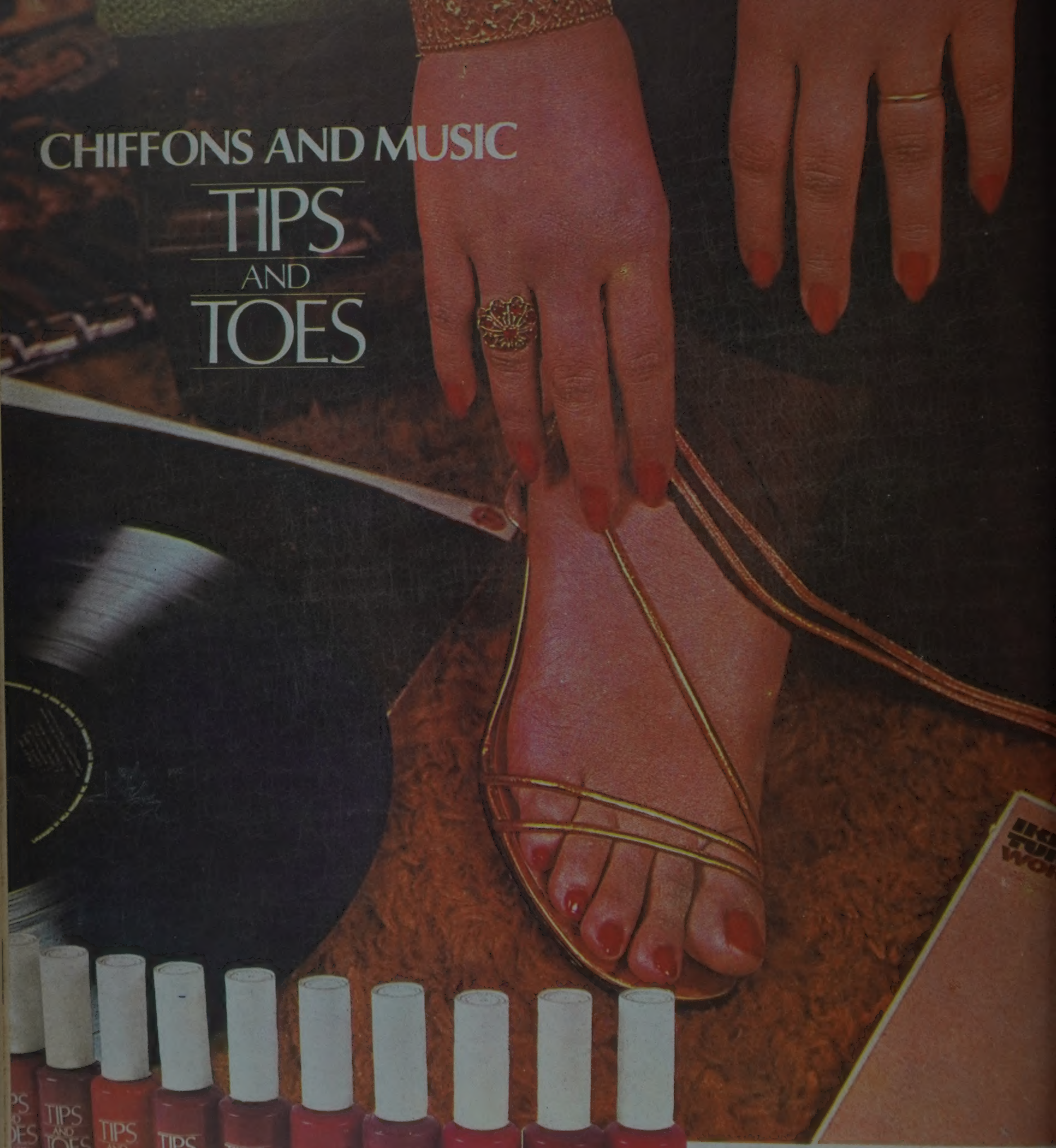
WHEN BINNY BLOSSOMS... BEAUTIFUL THINGS HAPPEN

Like appealing prints... Heart-warming designs. In soft, lovable fabrics —100% polyester, polyester blends and cottons.Binny blossoms into a beautiful new world of colour and design... with the toughness and quality you expect of Binny.When Binny blossoms ...so do you !

BINNY

A PROMISE OF BEAUTIFUL PRINTS.

CAS : BC : 31/79



When you're the alluring sophisticate, on an 'out-to-dine-and-dance' date, try our 'enchanted evening' colour suggestions: *Maroon Melody, Mood Magenta, Purple Passion, Crimson Silk, Mink Magenta* and *Flaming Scarlet* Nail Lustre shades. All specially formulated

to last longer w
chipping or pee

We also have 1
'occasion colou
choose from. In
and plain.

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